





Course Specifications

Course Title:	Esthetic Dentistry
Course Code:	RDS 512
Program:	Bachelor of Dentistry [BDS]
Department:	Restorative Dental Sciences [RDS]
College:	College of Dentistry
Institution:	Majmaah University



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A. Course Identification

1. Credit hours:			
2 (1+1+0)			
2. Course type			
a. University College Department X Others			
b. Required X Elective			
3. Level/year at which this course is offered: 5 th Year / 2 nd Semester			
4. Pre-requisites for this course (if any): RDS 413			
5. Co-requisites for this course (if any):NA			

6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	15	25%
2	Blended	NA	NA
3	E-learning	NA	NA
4	Correspondence	NA	NA
5	Other - Laboratory	45	75%

7. Actual Learning Hours (based on academic semester)

No	Activity	Learning Hours
Conta	ct Hours	·
1	Lecture	15
2	Laboratory/Studio	45
3	Tutorial	-
4	Others (specify)	-
	Total	60
Other	Learning Hours*	
1	Study	45
2	Assignments	15
3	Library	15
4	Projects/Research Essays/Theses	15
5	Others (specify)	-
	Total	90

* The length of time that a learner takes to complete learning activities that lead to achievement of course learning outcomes, such as study time, homework assignments, projects, preparing presentations, library times



B. Course Objectives and Learning Outcomes

1. Course Description

It is a one-year course, given as one hour lecture and one practical session of 3 hours in the 2nd semester of the same year. Esthetic Dentistry is a branch that deals with beauty in dentistry, a philosophy concerned especially with the appearance of a dental restoration, as achieved through its color or form

Esthetic Dentistry is one of the most important courses in dentistry where the student deals with simultaneous application of technical and artistic skills thus enabling them to achieve outstanding esthetic and functional results. They should also possess an intimate knowledge of the different esthetic materials available, and their clinical indications, application and limitations in practice.

To practice successful Esthetic dentistry, the dental team must understand the relevant principles, notably those of smile design, and be aware of the different inter-disciplinary treatment modalities that are available. An effective communication within the dental team, with the dental technologist and, in particular, the patient is of paramount importance to ensure that the goals of esthetic dentistry are achieved, including patient satisfaction and the avoidance of unmet, possibly unrealistic, expectations. All these elements underpin and provide the foundations for successful esthetic dentistry.

2. Course Main Objective

The main purpose of the course is that the students should be able to diagnose aesthetic cases and derive an appropriate treatment plan and to demonstrate proper skills in placement and finishing of the restoration so as to be in par with global standards in aesthetic treatment of patients and set a standard in aesthetic dentistry.

3. Course Learning Outcomes

	Aligned PLOs			
1	Knowledge:			
K3.36	Recognize cases which is of esthetic concern and arrive at a clinical diagnosis so as to restore the form and function of the tooth			
K3.37	Recall the concepts in esthetic dentistry and develop an appropriate treatment modality so as to restore the teeth to an acceptable level			
2	2 Skills :			
S3.21	Critically analyze clinical and radiographic findings of cases and predict a suitable restorative material which would be appropriate during restorative treatment	S2		
S6.15 To demonstrate hand-eye coordination so as to perform rubber dam isolation, demonstrate minimally invasive operative procedures including proper manipulation, placement and finishing of restorative materials so as to reconstruct and restore the tooth and rehabilitate the oral cavity.		S6		
3	Competence:			
C3.13	Demonstrate communicative skills with the patients and coordinate with fellow colleagues to submit a group task or assignment and	C3		

CLOs	Aligned PLOs
justify the restorative material for the management of a clinical cases	

C. Course Content

No	List of Topics	Contact Hours
	Introduction to operative dentistry	
1	1. Introduction to 411 RDS course.	1
1	2. The course rules and regulations	1
	3. Role of aesthetics in dentistry	
	Concepts and Fundamentals of Esthetics. Part - I	
	Goals of smile design	
2	1. Facial component	1
2	- Proper alignment	1
	- Facial symmetry	
	- Proportion of the face	
	Concepts and Fundamentals of Esthetics. Part - II	
	2. Dental component	
	a) Tooth components	
	- Dental midline	
	- incised length	
3	- Tooth dimensions	1
-	- Zenith points	
	- Axial inclinations	
	- Contact area and contact point	
	- Incisal embrasures	
	- Sex, personality and age	
	Concepts and Fundamentals of Esthetics. Part - III	
	b) Soft tissue components	
	- Gingival health	
4	- Gingival levels and harmony	1
	- Interdental embrasure	
	- Smile line	
	Color and Polychromatic Stratification.	
	Part - I	
5	1. Classification of colour	1
C	- Munsell System	-
	- CIE L*a*b* system	
	Color and Polychromatic Stratification.	
	Part – II	
6	1. Light and colors	1
	2. Perception of color	
	Color and Polychromatic Stratification.	
	Part - III	
7	3. Principles of shade matching	1
	4. Shade Guides	
8		1
8	Treatment discoloured tooth. Part - I - Causes of discoloration	1

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	- Micro abrasion	
	- Macroabrasion	
	Treatment discoloured tooth. Part –II	
9	Bleaching	1
	- Vital Bleaching	
	- Non vital bleaching.	
	Conservative Esthetic Procedures	
	Diastema Closure	
10	Veneers	1
	- Partial veneers	
	- Full veneers	
	Putty Matrix technique	
	Indirect esthetic restorations. Part – I	
	- Inlays	
11	- Onlays	1
	Modifications in preparations	•
	comparison to conventional	
	preparations	
	Indirect esthetic restorations. Part - II	
١٢	Impression techniques	1
	CAD – CAM in esthetics	
	Periodontal considerations in aesthetic dentistry	
	- Gingivectomy	
١٣	- Frenectomy	1
	- Crown lengthening procedures	1
	- Depigmentation	
	- Lip Augmentation	
	Adjunctive Orthodontics related to aesthetic dentistry	
	- Definition	
	- Goals of adjunctive treatment	
١٤	- Alignment of anterior teeth	1
	- Black triangles	
	- Gummy smile	
	- Therapeutic alternatives	
	Surgical Esthetic techniques	
	- Skin Resurfacing (Re-epithilization)	
	- Dental Implants	
10	- Alveolar distraction	1
	- Skeleto-facial Procedures	
	- Bi-maxillary surgery	
	- Facelift	
	Total	15

D. Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Teaching Strategies		Assessment Methods
1	Knowledge			
K3.36	Recognize cases which is of	Lectures,	Practical	Recall/Factual Questions in

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
	esthetic concern and arrive at a clinical diagnosis so as to restore the form and function of the tooth	lab	Written exams , Oral evaluations, OSPE, Assignments
K3.37	dentistry and develop an appropriate treatment modality so as to restore the teeth to an acceptable level	propriate treatment modality so to restore the teeth to an Assign	
2	Skills :		
S3.21	Critically analyze clinical and radiographic findings of cases and predict a suitable restorative material which would be appropriate during restorative treatment	Comprehensive case will be presented to students and they will be asked to formulate a treatment plan.	Clinical cases related question will be discussed in the format of group discussion Practical sessions
		As well as lectures, clinics, case presentation & group research	
S6.15	To demonstrate hand-eye coordination so as to perform rubber dam isolation, demonstrate minimally invasive operative procedures including proper manipulation, placement and finishing of restorative materials so as to reconstruct and restore the tooth and rehabilitate the oral cavity.	 1.Clinical training on isolation procedures, cavity preparations and placement of restorative materials. 2. Check list for 	Hands-on examination of tooth preparation procedures, Selection of appropriate restorative material, OSCE & Viva voce.
3	Competence:		[
C3.13	Demonstrate communicative skills with the patients and coordinate with fellow colleagues to submit a group task or assignment and justify the restorative material for the management of a clinical cases	 Students will be assigned to a particular patient and will be held responsible – Practical sessions with group discussion 	The group task / Assignment will be supervised closely and the work done by each student will be evaluated using rubrics



Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
		3.Teach students how to deal with different patients' personalities and attitudes.	

2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	Quiz	During the semester	05%
2	Midterm written exam	Week 7	20%
3	Final written exam	End of the semester	20%
4	Weekly Assessment	During the course	25%
5	Research	During the semester	05%
6	Behaviour and attitude	During the semester	05%
۷	Final Practical Exam	During the semester	20%
	Total		100%

*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :

The student shall avail the consultancy during the displayed office hours

F. Learning Resources and Facilities

1. Learning Resources

Required Textbooks	 ✓ Contemporary Esthetic Dentistry : George A. Freedman , ELSEVIER2012 ✓ Sturdvents Art and Science of operative dentistry 5th edition.
Essential References Materials	 ✓ Esthetics In Dentistry Second Edition - Ronald E.Goldstein - 2nd Edition. ✓ The 21 Principles of Smile Design - <i>Lee Ostler</i> ✓ Smile Design-Nicholas C. Davis, DDS, MAGD Dent Clin N Am 51 (2007) 299-318
Electronic Materials Recommended selected articles will be posted in the webpage. Www.pubmed.com Google www.sciencedirect.com 	



Other Learning Materials	 Library Computers Projects Diagnostic instruments
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2. Facilities Required

Item	Resources
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	✓ Lecture room suitable for 30 students✓ Fully equipped lab for practical sessions
Technology Resources (AV, data show, Smart Board, software, etc.)	 ✓ Projector ✓ Smart board with all the accessories ✓ Internet
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)	 ✓ Dental clinics ✓ Laboratory for fabrication of indirect restorations ✓ Sterilization equipment

G. Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods
Effectiveness of teaching and	Students	✓ Course Evaluation Survey
assessment		 Quality of Exam Survey
	Faculty	✓ CLO Mapping with teaching &
		assessment.
		✓ Course Blueprinting
		✓ Grade Analysis
		✓ Psychometric Analysis
	Peers	Grade Verification
Extent of achievement of	Faculty member / Quality	✓ Direct assessment outcome
course learning outcomes	assurance committee	analysis
		✓ Course report preparation
Quality of learning resources,	Students / Faculty	✓ Academic advising survey
etc		✓ Student experience survey

Evaluation areas (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

Evaluators (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify) Assessment Methods (Direct, Indirect)

H. Specification Approval Data

Council / Committee	Department Council
Reference No.	**********

Date	*****

