

# ALTAF SULAIMAN ALMUTAIRI

PHYSIOTHERAPIST

## CONTACT

-MOBILE: (00966) 559379947  
ALTAFALMUTAIRI@MU.EDU.SA

## OBJECTIVE:

To continue my higher education and get Ph.D. My long-term goal is to develop myself. Earning my Ambitions gives me a responsibility to help Saudi People in my work, and seeking a challenging and rewarding career opportunity that would build on my experience in the field of physical therapy.

## EDUCATION & DEGREES:

- 1- 2017 Master of sciences in rehabilitation sciences, Concordia University of Wisconsin, the United state of America.
- 2- 2014 – 2015 UCLA Extension, the Academic Intensive English Program (AIEP).
- 3- 2009 – 2014 Bachelor of physical therapy, Majmaah University, College of Applied Medical Sciences, Almajmaah, Riyadh, Kingdom of Saudi Arabia. "With a final GPA: "4.54 out of 5"

## WORK EXPERIENCE:

- 2015 Westwood community volunteering ( senior living, Musume.school)
- 2016 under contract as Lecturer, Almajmaah University, Riyadh, Saudi Arabia.
- 2016 - 2017 Vice-president of Saudi club at Concordia University.
- 2017 work as planner events and social activity in Saudi club at the University of Wisconsin to

## INTERSHIPS:

- 2013 King Faisal Specialist Hospital (KFS).
- 2013 – 2014 King Fahd Medical City (KFMC).

## SUMMER TRAINING :

- 2011 In Majmaah hospital.
- 2012 In Dallah Hospital.
- 2014 in Dr Sulaiman Al Habib Hospita.

## **PROJECT:**

- 2016 Research in the pediatric (down syndrome)
- 2017 Research in the Adult ortho (Return to Sport after ACL "RST Tools")
- 2017 Research in the Gerontological (The Impact of Amputation on QOL of The Elderly).
- 2017 A systematic Review and Meta – Analysis ( Does joint mobilization decrease pain of knee osteoarthritis )

## **CONFERENCES, SYMPOSIA, WORKSHOP AND SEMINARS:**

- 2012 Took the Third placed in the competition of Ministry of Education and Higher Education Third Scientific Conference for students, by research titled "Ozone Therapy: Its Use and Application"
- 2012 Contributing to the success of university student programs at Majma University.
- 2012 Become a member of Saudi Physical Therapy Association SPTA.
- July. 2013 Basic Musculoskeletal Competency Skills Development course at KFSH.
- April. 2013 – June. 2013 Physical Therapy Taping Course at KFSH, (By Othman Alkassabi.)
- Oct. 2014 Basic Life Support Provider (CPR) at Saudi Heart Association.
- 2017 combined sections meeting of the American physical therapy Association, San Antonio, Tx. USA.
- 2017 Community Falls Screening, (screening the elderly if they are at risk of fall & educate them). At Wisconsin, USA.
- 2017 Pain education, common unhealthy habits related to back pain, Exercise & Activities to help them cope with their pain. Security Force Hospital. Riyadh

## **SKILLS:**

- good organizational skills
- Ability to establish a good relationship with patients and their families
- Problem – solving skills
- I have the spirit of creation and the ability to work under pressure and manage time effectively
- Excellent education to the patient and their family
- Ability to use many techniques to treat the patient such as manual therapy techniques or electrotherapy devices.
- Excellent team player, self - motivation and proactive.
- Self-education to keep up to date with new techniques and technologies

## **LANGUAGES:**

- Arabic (Native speaker).
- English all skills.