# Rashmi.A.Saibannavar MPT(Neuro)

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## **Personal Profile Statement / Career Objective**

To identify with the Roles and Functions of the Organization that I serve under, Utilizing and Improving upon all my Experience, Skill and Resources To Inspire and Enable it to Achieve Greater Heights of Success.

## **Association and Membership**

Life time Membership of Indian Association of Physiotherapist
 License numb
 IAP REGS 21980-L

## **Education Qualifications**

Physiotherapy MPT: Neurological & Psychosomatic disorder.

Dissertation Title: "A COMPARATIVE STUDY FOR DETERMINING THE CO-RELATION BETWEEN FLAT FOOT & ADVERSE NEURAL TENSION OF THE TIBIAL NERVE"

MPT	Shree Devi College Of Physiotherapy,		RGUHS, Bangalore
	Mangalore Karnataka	June 2006-	Karnataka, India
	India	May 2008	

#### **Physiotherapy BPT:**

I Year BPT	S.D.M. College of	November 2002	Rajiv Gandhi University
To	Physiotherapy,	-	Of Health Science,
IV Year BPT	Dharwad, Karnataka	February 2006	Bangalore Karnataka,
	India		India

## **Employment and Work Experience**

❖ Worked as Physiotherapist in **Sanjivini Health Centre in** Byadgi, Haveri District. Karnataka India for 6 months from May 2008 to October 2008.

#### **Main duties performed:**

- > Providing routine physiotherapy assessment and treatment to the **outpatient**.
  - ❖ Worked as Physiotherapist in **Shreeya Multispecialty Hospital** for 5 months from November 2008 to March 2009.

#### **Main duties performed:**

- Providing physiotherapy assessment and treatment to the inpatient and outpatient by improving physical strength, mobility and quality of life.
  - ❖ Worked in K.L.E College of Physiotherapy as ASSISTANT PROFESSOR since April 2009 to November 2011.

#### **Main duties performed:**

- > Delivering lectures to the undergraduates and post graduates.
- > Dealing of the patients who visit Inpatient department.
- ➤ Providing physiotherapy assessment and treatment to the **Inpatient department** attached by the college hospitals.

❖ Worked in SHIVAKRUPA HOSPITAL AND NEURO SCIENCE CENTRE as CONSULTING PHYSIOTHERAPIST from December 2011 to January 2013.

#### Main duties performed:

- ➤ Assisting patients with wide range of neurological disorders
- Providing routine physiotherapy assessment and treatment to the ICU,inpatient and outpatient department by improving physical strength,mobility and quality of life.
- > Supporting patients recovering from surgery.
  - Worked in SPANDHAN HOSPITAL as CONSULTING PHYSIOTHERAPIST SINCE 2009 to January 2011.

#### **Main duties performed:**

- > Evaluating, planning and delivering bespoke physiotherapy plans and treatment to meet the needs of individual patients
- Providing routine physiotherapy assessment and treatment to the ICU,inpatient department.

## **International Experience**

Presently working as LECTURER in College of Applied Medical Sciences, Al-Majmaah University, Saudi Arabia since February 2013 to till dated.

#### **Main duties performed:**

- Delivering lectures to the undergraduates.
- Teaching and demonstrating different methods, actions and skills related to practical aspect
- Active member of the clinical training unit.

#### **Skills**

- Experienced in using different rehabilitation techniques and equipment
- ♣ Ability to work with patients with a variety of diagnoses and needs
- Excellent ability to demonstrate different hands on techniques.

## **Workshop / Seminar Participated**

- 1. In the **"Shoulder Rehabilitation"** Workshop at Solapur held on Sunday 24<sup>th</sup> July 2005 Maharashtra.
- 2. Participated in the Workshop on "Exercise Evaluation and Prescription in the Sport and Special Populations Recent Trends" held on 2<sup>8th</sup>, 2<sup>9th</sup> and 3<sup>0th</sup> November 2005 at Manipal, Karnataka.
- 3. Participated in the Workshop on "Pain & Movement" on Oct 2006 at Manipal, Karnataka.

- 4. Participated in 4 days Workshop on "Treatment Strategies for Persons with Neurological Impairments Based on NDT Principals & Myofascial Release" in Jan 2007.
- 5. Attended the continuing medical education programme titled "Insight to Medical Imaging for Physiotherapist" on Nov. 2007 at KMC, Mangalore.
- 6. Attended the **48<sup>th</sup> Annual Conference of the IAP 2010** held at Mangalore from 22 to 24<sup>th</sup> January 2010.
- 7. Attended the course in **Seminar Orthopedic an Medical Issues** which was held on 6/05/2013 in king Khalid hospital majmaah,Al Majmaah Saudi Arabia.
- 8. Regular Workshops attended in College of applied medical sciences al Majmaah, Saudi Arabia.

#### **Hobbies and Interests**

I was an active member of my local club and used to take part in a variety of plays throughout the year.

#### References

## Dr. Suresh.M.Dugani

M.Ch. FIAMS (Neurosurgery)

Consultant Neurosurgeon and spine surgeon

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Lamington Road,

Hubli

Karnataka.

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#### Dr. Ravi Savadatti

MPT,Phd

**PRINCIPAL** 

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