

NIVEDITA P. KASHYAP

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Department of Physical Therapy & Rehabilitation, College of Applied Medical Sciences, Majmaah University, Al'Majmaah, Kingdom of Saudi Arabia. n.kashyap@mu.edu.sa (m): 00966-531462587

Discipline	: B.P.T. , M.P.T.
Speciality	: Paediatric Physiotherapy
Total years of Experience	: 16 years (including PG program)
Education	: Masters in Physiotherapy from R.G.U.H.S, Karnataka, India (2005-2007) : Bachelor of Physiotherapy from Karnataka University, Karnataka, India (1996-2001)
Work Experience I	: College of Applied Medical Sciences, Dept. of Physical Therapy & Health Rehabilitation, Majmaah University, Al' Majmaah, Saudi Arabia Staff Position: Lecturer Experience: 7 Years (October 2010 till date)

Duties and Responsibility

As Lecturer:

- To teach at undergraduate and graduate level in areas allocated by the Head of Department and reviewed from time to time by the Head of Department.
- To carry out research and produce publications, or other research outputs, in line with personal objectives agreed in the Staff review process.
- To supervise or assist with supervision of undergraduate, taught graduate (Masters) or research graduate (MPhil/PhD) students.
- To contribute to the development, planning and implementation of a high quality curriculum.

As Clinical Therapist:

- To perform a complete evaluation based on the patient's complaints using special instruments and qualitative and quantitative assessments.
- Assess and treat infants, children with congenital, developmental and neuromuscular disorders.
- To focus on individualized treatment goals, including to improve their strength, endurance, balance, coordination and integration skills.

- To plan and implement programs of physiotherapy including therapeutic exercise, manipulations, massage, education, the use of electro-therapeutic and other mechanical equipment and hydro-therapy, with special attention on play intervened treatments.
- To communicate with referring physician and other healthcare professionals regarding patient's problems, needs and progress.
- Keep records of the initial evaluation, periodic progress report and discharge status of the patients.
- Providing the instructions of home program and counselling to the family members.

Work Experience II

: JSS College of Physiotherapy, Mysore

Staff Position: Assistant Professor

Experience: 7 Years (March 2003 – July 2010)

Duties and Responsibility

- Actively involved in teaching the techniques of paediatric rehabilitation program, which involves theoretical and practical training of physiotherapy to the in-house trainees and intern students, from various colleges.
- Continuous evaluation, documentation and physiotherapy management of patients following paediatric surgery. This includes pre-operative assessment, intensive care (pre & post assessment and care, chest physiotherapy)
- Neuromuscular Evaluation involving Higher motor function and their physical abilities.
- Evaluation and treatment plan for patients with cerebral palsy.
- Assessment and rehabilitation of patients undergoing either cardiac, orthopaedics or neurological surgeries.

Work Experience III

: Nargund College of Physiotherapy, Bangalore, Karnataka.

Staff Position: Lecturer

Experience: 2 Years (February 2001 to February 2003)

Duties and Responsibility

- To assess patient's physical abilities through evaluative procedures such as functional ability tests
- To establish treatment goals with patients based on physical diagnoses
- To plan and implement programs of physiotherapy including therapeutic exercise, manipulations, massage, education, the use of electro-therapeutic and other mechanical equipment and hydro-therapy
- To evaluate effectiveness of treatment plans and modify accordingly
- To communicate with referring physician and other healthcare professionals regarding patients' problems, needs and progress
- To maintain clinical and statistical records and confer with other health care professionals
- To develop and implement health promotion programs for patients, staff and the community

- To conduct research and write journals.
- To provide training to juniors.

Workshops and CME:

Workshops and CME were attended at regularly to keep updated with the current affairs and development in the field of Physical Therapy.

Association with Professional Organizations:

Life Member of Indian Association of Physiotherapists (IAP) Reg. No. **L 8757**

Personal Information:

Husband's Name : Prashant P. Kashyap
Date of birth : 27-03-1978
Sex : Female
Marital status : Married
Religion : Hindu
Nationality : Indian
Languages Known : English, Hindi, Kannada Marathi.
Passport No : N 4040249
DOI : 15 / 03 / 2016
DOE : 14 / 03 / 2026
POI : RIYADH, KINGDOM OF SAUDI ARABIA.

I, hereby declare that the above given information is true to the best of my knowledge.

NIVEDITA P. KASHYAP