

# CURRICULAM VITAE

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## PROFESSIONAL QUALIFICATION:

S.No	Course Studied	Institution	University	Year of Passing
1.	Bachelor of Physiotherapy <b>B.P.T</b>	Sri. Ramakrishna Institute of Physiotherapy, Coimbatore.	Tamil Nadu Dr. M.G.R. Medical University, Chennai, India.	Aug 2000
2.	Master of Physiotherapy <b>M.P.T. (Neuro)</b>	Saveetha College of Physiotherapy, Chennai.	Tamil Nadu Dr. M.G.R. Medical University, Chennai, India.	Aug 2004
3.	<b>PhD</b>	Yenepoya University	Yenepoya University, Mangalore, India	Jan 2014

## TEACHING AND CLINICAL EXPERIENCE:( 14 years)

1. **Currently working at:** Majmaah University, Al Majmaah, Kingdom of Saudi Arabia (28<sup>th</sup> August 2014 to Till date) .

**Designation:** Assistant Professor – Dept of Physical Therapy and Health Rehabilitation, College of Applied Medical Sciences.

2. **Previous Experience** (1<sup>st</sup> February 2006 to 23<sup>rd</sup> August 2014): Yenepoya University, Mangalore, India.

**Designation:** Associate Professor/Head of Dept.(Neuro rehabilitation) / Post Graduate course (MPT) coordinator/ Research Guide.

## **AWARDS AND RECOGNITIONS**

- Recipient of “**IAP Young Achievement Award – 2014**” from Indian Association Physiotherapists.
- Recipient of “**Best Paper Award**” at 52<sup>nd</sup> Annual Conference of Indian Association of Physiotherapists, Indore, Feb 2014.
- Associate Editor of International Journal of Health and Rehabilitation Sciences (Peer-reviewed Indexed Journal).
- **Validated the ICF Core Set for Vocational Rehabilitation from the perspective of physical therapists** - International 3-Round-Delphi-Survey – Conducted by **ICF Research Unit, Swiss Paraplegic Research, Switzerland.**
- **Abstract Reviewer** for “**World Confederation for Physical Therapy Congress 2015**” – To be held at **Singapore, 1<sup>st</sup> to 5<sup>th</sup> May 2015.**

## **MEMBERSHIPS**

- Member of World Association of Medical Editors (WAME). (<http://www.wame.org/>)
- Member of International Society of Physiotherapy Journal Editors (A Subgroup of World Confederation for Physical Therapy). (<http://www.wcpt.org/ispje>).
- Member of Asia Pacific Association of Medical Journal Editors (Affiliated to WHO)
- Member of Index Copernicus International Scientists, Poland.
- Indian representative – International network of spinal cord injury physiotherapists. ( <http://www.scipt.org/>).
- Life member of Indian Association of Physiotherapists.
- Life member of Society of Biological scientists of India.

## **PUBLICATIONS**

### **Articles Published in peer reviewed indexed journals**

1. **Sirajudeen MS,** Alaidarous M, Waly M, Alqahtani M. Work related Musculoskeletal Disorders among Faculty Members of College of Applied

- Medical Sciences, Majmaah University, Saudi Arabia- A Cross-sectional Study. *International Journal of Health Sciences*. (Accepted)
2. **Sirajudeen MS**, Siddik SSM. Knowledge of Computer Ergonomics among Computer Science Engineering and Information Technology Students in Karnataka, India. *Asian Journal of Pharmaceutical Research and Health Care*. 2017;9(2): 64-70.
  3. **Sirajudeen MS**, Pillai PS. Test-retest Reliability of a Questionnaire to Assess the Ergonomic Knowledge of Computer Professionals. *International Journal of Health and Rehabilitation Sciences*.2015;4(4): 239-243.
  4. Manhal S, **Sirajudeen MS**, Pillai PS, Nair HR, Marla J. Occurrence of Shoulder disorders among Post coronary Artery Bypass Surgery Patients in India. *Archives of Medicine and Health Sciences*. 2015; 3(1):34-39.
  5. **Sirajudeen MS**, Pillai PS, Vali GMY. Assessment of Knowledge of Ergonomics among Information Technology Professionals in India. *International Journal of Health and Rehabilitation Sciences*.2013;2(4):192-197.
  6. **Sirajudeen MS**, Somasekharan P, Maniyat SA, Kumar CGS, Khan I, Shantaram M. Strategies to reduce the risk of Work-related Musculoskeletal Disorders among Health care Professionals. *Biomedicine*.2013;33(1):4-8.
  7. **Sirajudeen MS**, Shah UN, Pillai PS, Mohasin N, Shantaram M. Correlation between Grip Strength and Physical Factors in Men. *Int J Health Rehabil Sci*. 2012; 1(2): 58-63.
  8. **Sirajudeen MS**, Shah UN, Mohan N, Somasekharan P. Content Validity of a Questionnaire to Assess the Ergonomic Knowledge of Computer Professionals. *International Journal of Current Research and Review*. 2012; 4(11):114-121.
  9. **Sirajudeen MS**, Somasekharan P, Shah UN, Mohan N. Content Validity and Inter-rater Reliability of a Checklist to Assess the Ergonomic Practice of Computer Professionals. *International Journal of Therapies and Rehabilitation Research*. 2012; 1(2):11-18.
  10. Kumar CGS, Syed N, **Sirajudeen MS**, Karthikbabu S. Position Sense acuity across Shoulder Rotational range of motion. *Journal of Musculoskeletal Research*. 2012;15(3).

11. Shah UN ,**Sirajudeen MS**, Somasekharan P, Mohasin N, Shantaram M. The Association between Hand grip Strength and Hand dimensions in Healthy Indian Females. International Journal of Current Research and Review. 2012; 4(2):36-42.

### **CONFERENCE PROCEEDINGS AND INVITED LECTURES**

1. **Conference** : 3<sup>rd</sup> Baltic & North sea Conference on Physical and Rehabilitation Medicine, 118<sup>th</sup> Congress of German Society for Physical Medicine and Rehabilitation and Annual Congress of Austrian Society for Physical Medicine and Rehabilitation, **Hannover, Germany - September 2013.**

**Papers Presented :**

- “Association between Job Strain and the Occurrence of Work-related Musculoskeletal Disorders among Computer Professionals in India.”
- “Extensibility of the Upper Extremity Nervous System during Upper Limb Neurodynamic Testing in Dental Professionals.”
- “Occurrence of Shoulder Complications among Post Coronary Artery Bypass Surgery Patients in India.”

2. **Conference** : 2<sup>nd</sup> Singapore Rehabilitation Conference, **Singapore, Feb 2013.**

**Papers Presented :**

- “Use of Case Definition Approach to Determine the Occurrence of Work-related Musculoskeletal Disorders among Information Technology Professionals”
- “Assessment of Knowledge of Ergonomics among Software Professionals”

3. **Conference** : Global Public Health Conference 2014, Organized by SRM University in Collaboration with UNICEF at Chennai, Feb 2014.

**Paper Presented:**

“Assessment of Awareness of Ergonomics among Computer Science Engineering and Information Technology Students in Karnataka”

4. **Conference** : 52<sup>nd</sup> Annual Conference of Indian Association of Physiotherapists, Indore, Feb 2014.

Paper Presented :

“Assessment of Knowledge of Ergonomics among Computer Professionals in Karnataka”

5. Resource Speaker – Topic – **“Occupational Health Promotion in Information Technology Sector – A Physiotherapy Perspective”**, at 52<sup>nd</sup> Annual Conference of Indian Association of Physiotherapists, Indore, 14<sup>th</sup> to 16<sup>th</sup> Feb 2014.
6. Resource Speaker – Topic – **“Essentials of Office Ergonomics for Physiotherapists”**, at Physio Accord 2014 (National Physiotherapy Conference) – Organized by Karnataka Physiotherapists, 17<sup>th</sup> & 18<sup>th</sup> January 2014, Bangalore, India.
7. Resource speaker – Topic – **“ Clinical Practice Guidelines for Prevention of Falls in Elderly Population – A Physiotherapy Perspective”**, at **Neuraxis – 2013** (National Neurophysiotherapy Colloquium) – Organized by Dept of Neurology, All India Institute of Medical Sciences, New Delhi and Institute of Applied Medicine & Research, Ghaziabad, 28<sup>th</sup> to 29<sup>th</sup> September 2013, Ghaziabad, India.
8. Resource speaker – Topic – **“Respiratory Assessment And Management For People With Spinal cord Injury”**, at Workshop on Comprehensive Management of Spinal cord Injuries – Organized by International Spinal cord Society , 27<sup>th</sup> to 29<sup>th</sup> April 2012, Indian Spinal Injuries Centre, New Delhi, India.
9. Delivered lecture on **“Computer Ergonomics”** in Software companies in Bangalore and Mangalore.
10. Delivered lecture on **“Healthy Computing”** – Frontier lecture series, Yenepoya University, India.
11. Resource speaker – Topic – **“Postural Control and Balance Assessment”** – Post conference session, 7<sup>th</sup> All India Physiotherapy Students Conference, 26<sup>th</sup> Jan 2011, Mangalore, India.
12. Resource speaker for National level symposium on **Balance Rehabilitation** and Moderator For Scientific Session on **Vestibular Rehabilitation** and **Spasticity** by International resource speakers in 48<sup>th</sup> Annual conference of Indian association of physiotherapist, Jan 2010 , Mangalore, India.