**List of Annual World Health Days of Diseases and Health – Related Problems as Mentioned by Saudi Ministry of Health**

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| **Health Day Name** | **Health Day Start Date** | **Health Day End Date** |
| [World Cancer Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-02-04.aspx) | 04 February 2016 | 04 February 2016 |
| [World Glaucoma Week (Blue Water)](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-03-06-12.aspx) | 06 March 2016 | 12 March 2016 |
| [World Kidney Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-03-10.aspx) | 10 March 2016 | 10 March 2016 |
| [World Down Syndrome Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-03-21.aspx) | 21 March 2016 | 21 March 2016 |
| [World Tuberculosis (TB) Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-03-24.aspx) | 24 March 2016 | 24 March 2016 |
| [World Health Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-04-07.aspx) | 07 April 2016 | 07 April 2016 |
| [World Immunization Week](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-04-24-30.aspx) | 24 April 2016 | 30 April 2016 |
| [World Malaria Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-04-25.aspx) | 25 April 2016 | 25 April 2016 |
| [World Asthma Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-05-03.aspx) | 03 May 2016 | 03 May 2016 |
| [World Thalassemia Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-05-08.aspx) | 08 May 2016 | 08 May 2016 |
| [World Hypertension Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-05-17.aspx) | 17 May 2016 | 17 May 2016 |
| [World Multiple Sclerosis (MS) Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-05-25.aspx) | 25 May 2016 | 25 May 2016 |
| [World Milk Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-06-01.aspx) | 01 June 2016 | 01 June 2016 |
| [World Blood Donor Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-06-14.aspx) | 14 June 2016 | 14 June 2016 |
| [World Sickle Cell Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-06-19.aspx) | 19 June 2016 | 19 June 2016 |
| [International Day against Drug Abuse and Illicit Trafficking](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-06-26.aspx) | 26 June 2016 | 26 June 2016 |
| [World Hepatitis Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-07-28.aspx) | 28 July 2016 | 28 July 2016 |
| [World Breastfeeding Week](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-08-01-07.aspx) | 01 August 2016 | 07 August 2016 |
| [World Alzheimer's Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-09-21.aspx) | 21 September 2016 | 21 September 2016 |
| [World Pharmacist Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-09-25.aspx) | 25 September 2016 | 25 September 2016 |
| [World Heart Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-09-29.aspx) | 29 September 2016 | 29 September 2016 |
| [World Sight Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-08.aspx) | 08 October 2016 | 08 October 2016 |
| [World Arthritis Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-12.aspx) | 12 October 2016 | 12 October 2016 |
| [Global Hand-washing Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-15.aspx) | 15 October 2016 | 15 October 2016 |
| [World Osteoporosis Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-20.aspx) | 20 October 2016 | 20 October 2016 |
| [World Polio Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-24.aspx) | 24 October 2016 | 24 October 2016 |
| [World Stroke Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-10-29.aspx) | 29 October 2016 | 29 October 2016 |
| [Lung Cancer Awareness Month](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-11-1-30.aspx) | 01 November 2016 | 30 November 2016 |
| [World Diabetes Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-11-14.aspx) | 14 November 2016 | 14 November 2016 |
| [World Anti-Obesity Day](http://www.moh.gov.sa/en/HealthAwareness/healthDay/2016/Pages/HealthDay-2016-11-26.aspx) | 26 November 2016 | 26 November 2016 |

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| **اسم اليوم العالمي** | **تاريخ بداية اليوم العالمي** | **تاريخ نهاية اليوم العالمي** |
| [اليوم العالمي للسرطان](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-02-04.aspx) | 25 ربيع الثاني 1437 هـ | 25 ربيع الثاني 1437 هـ |
| [الأسبوع العالمي للجلوكوما](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-03-06-12.aspx) | 26 جمادى الأولى 1437 هـ | 03 جمادى الثانية 1437 هـ |
| [اليوم العالمي للكلى](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-03-10.aspx) | 01 جمادى الثانية 1437 هـ | 01 جمادى الثانية 1437 هـ |
| [اليوم العالمي لمتلازمة داون](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-03-21.aspx) | 12 جمادى الثانية 1437 هـ | 12 جمادى الثانية 1437 هـ |
| [اليوم العالمي للسل (الدرن)](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-03-24.aspx) | 15 جمادى الثانية 1437 هـ | 15 جمادى الأولى 1437 هـ |
| [اليوم العالمي للصحة](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-04-07.aspx) | 29 جمادى الثانية 1437 هـ | 29 جمادى الثانية 1437 هـ |
| [الأسبوع العالمي للتحصين](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-04-24-30.aspx) | 17 رجب 1437 هـ | 23 رجب 1437 هـ |
| [اليوم العالمي للملاريا](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-04-25.aspx) | 18 رجب 1437 هـ | 18 رجب 1437 هـ |
| [اليوم العالمي للربو](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-05-03.aspx) | 26 رجب 1437 هـ | 26 رجب 1437 هـ |
| [اليوم العالمي للثلاسيميا](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-05-08.aspx) | 01 شعبان 1437 هـ | 01 شعبان 1437 هـ |
| [اليوم العالمي لارتفاع ضغط الدم](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-05-17.aspx) | 10 شعبان 1437 هـ | 10 شعبان 1437 هـ |
| [اليوم العالمي للتصلب اللويحي](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-05-25.aspx) | 18 شعبان 1437 هـ | 18 شعبان 1437 هـ |
| [اليوم العالمي لشرب الحليب](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-06-01.aspx) | 25 شعبان 1437 هـ | 25 شعبان 1437 هـ |
| [اليوم العالمي للتبرع بالدم](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-06-14.aspx) | 09 رمضان 1437 هـ | 09 رمضان 1437 هـ |
| [اليوم العالمي لأنيميا الخلايا المنجلية](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-06-19.aspx) | 14 رمضان 1437 هـ | 14 رمضان 1437 هـ |
| [اليوم العالمي لمكافحة المخدرات](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-06-26.aspx) | 21 رمضان 1437 هـ | 21 رمضان 1437 هـ |
| [اليوم العالمي لالتهاب الكبد الفيروسي](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-07-28.aspx) | 23 شوال 1437 هـ | 23 شوال 1437 هـ |
| [الأسبوع العالمي للرضاعة الطبيعية](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-08-01-07.aspx) | 27 شوال 1437 هـ | 04 ذو القعدة 1437 هـ |
| [اليوم العالمي للزهايمر](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-09-21.aspx) | 20 ذو الحجة 1437 هـ | 20 ذو الحجة 1437 هـ |
| [اليوم العالمي للصيدلة](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-09-25.aspx) | 24 ذو الحجة 1437 هـ | 24 ذو الحجة 1437 هـ |
| [اليوم العالمي للقلب](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-09-29.aspx) | 28 ذو الحجة 1437 هـ | 28 ذو الحجة 1437 هـ |
| [اليوم العالمي للبصر](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-08.aspx) | 07 محرم 1438 هـ | 07 محرم 1438 هـ |
| [اليوم العالمي لالتهاب المفاصل](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-12.aspx) | 11 محرم 1438 هـ | 11 محرم 1438 هـ |
| [اليوم العالمي لغسل اليدين](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-15.aspx) | 14 محرم 1438 هـ | 14 محرم 1438 هـ |
| [اليوم العالمي لمرض هشاشة العظام](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-20.aspx) | 19 محرم 1438 هـ | 19 محرم 1438 هـ |
| [اليوم العالمي العالمي لشلل الأطفال](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-24.aspx) | 23 محرم 1438 هـ | 23 محرم 1438 هـ |
| [اليوم العالمي للسكتة الدماغية](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-10-29.aspx) | 28 محرم 1438 هـ | 28 محرم 1438 هـ |
| [شهر التوعية بسرطان الرئة](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-11-1-30.aspx) | 01 صفر 1438 هـ | 01 ربيع الأول 1438 هـ |
| [اليوم العالمي لمرضى السكري](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-11-14.aspx) | 14 صفر 1438 هـ | 14 صفر 1438 هـ |
| [اليوم العالمي لمكافحة السمنة](http://www.moh.gov.sa/HealthAwareness/HealthDay/2016/Pages/HealthDay-2016-11-26.aspx) | 26 صفر 1438 هـ | 26 صفر 1438 هـ |

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