

# BMJ Clinical Evidence

---



## User guide

[www.clinicalevidence.com](http://www.clinicalevidence.com)

## Contents

Introduction	2
Finding evidence	3
By section	
By listing	
By searching	
Navigating around a review	5
Reading the full text	6
Additional resources	7
Tools	
Links	
Drug information	
EBM Training	
News and alerts	8
RSS updates	
Email alerts	
News	
Drug safety alerts	

# Fast Effective Up-to-date

## *BMJ Clinical Evidence*

*Helping you make better treatment decisions for your patients*

*BMJ Clinical Evidence* is the international source of the best available evidence for effective healthcare. We support the clinical decision making of hundreds of thousands of clinicians around the world by providing access to the latest medical evidence, continually updated, to help make treatment decisions.

Our panel of experts and specialist writers rigorously check and then summarize the most relevant evidence in a quick and easy to find format. Our reviews concentrate on summarizing the evidence in relation to common clinical problems, to ensure that we provide solutions that are relevant to your patients.

The development and improvement of *BMJ Clinical Evidence* is a constant process. Based on extensive customer feedback we have continued to develop *BMJ Clinical Evidence* so that it remains at the forefront of evidence based resources for clinical decisions.

Below are just some of the key features that you will discover:

- Systematic reviews covering over 3,000 clinical interventions
- 570 clinical questions answered
- Enhanced user interface
- Simple navigation
- Breaking research
- Drug safety alerts
- Links to key practice guidelines
- Single page summaries providing an instant overview

All of this is within a single, evidence based resource.

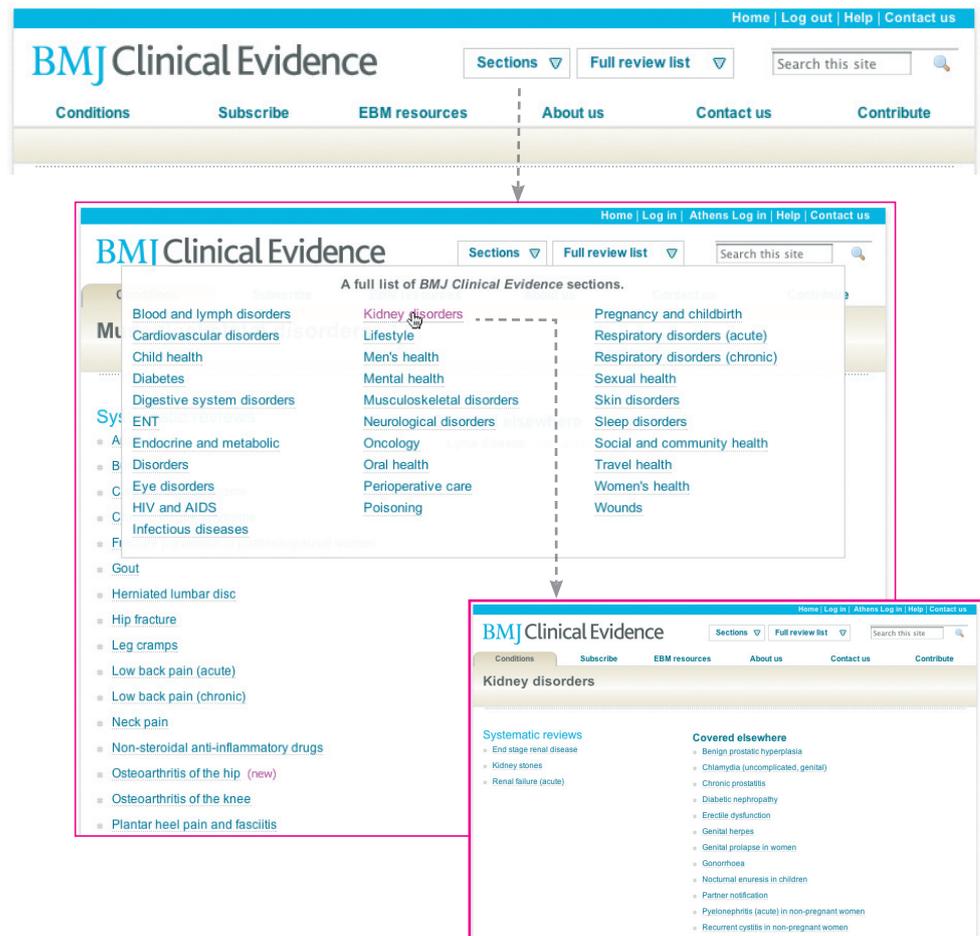
This user guide introduces you to the essential features of *BMJ Clinical Evidence*, and will help you get the most out of them.

# Finding evidence

There are three ways to find the evidence you need: browse by section, browse the full review list, or use the search tool.

## FINDING BY SECTION

Click on the 'Sections' heading and an alphabetical pop-up list of sections will appear. When you choose a section a new window appears showing the systematic reviews available.



## FINDING BY LISTING

Click on the 'Full review list' heading and an alphabetical pop-up list of reviews will appear. By clicking on the alphabet bar at the top of this window you can easily access the available evidence.

The screenshot shows the BMJ Clinical Evidence website interface. At the top, there are navigation links: Home, Log out, Help, and Contact us. Below this is the main header with the site name and a search bar. A dropdown menu is open, showing 'Sections' and 'Full review list'. The 'Full review list' dropdown is expanded, displaying an alphabetical index from A to Z. The 'A' column is highlighted, and a list of conditions is visible, including Absence seizures in children, Acne vulgaris, Acute cholecystitis, Acute myocardial infarction, Acute respiratory distress syndrome, Age related macular degeneration, Altitude sickness, Amoebic dysentery, Anal fissure (chronic), Angina (stable), Angina (unstable), Ankle sprain, Anorexia nervosa, Aphthous ulcers (recurrent), Appendicitis, Asthma, Asthma and other wheezing disorders in children, Athlete's foot, Atopic eczema, Atrial fibrillation (recent onset), Attention deficit hyperactivity disorder in children, and Autism. The 'C' column is also visible, listing conditions like Candidiasis (oropharyngeal), Candidiasis (vulvovaginal), Carbon monoxide poisoning (acute), Cardiorespiratory arrest in children, Carpal tunnel syndrome, Cataract, Cellulitis and erysipelas, Cervical cancer, Changing behaviour, Chikungunya, Chlamydia (uncomplicated, genital), Chronic fatigue syndrome, Chronic obstructive pulmonary disease, Chronic prostatitis, Chronic suppurative otitis media, Colonic diverticular disease, Colorectal cancer, Colorectal cancer screening, Common cold, Community acquired pneumonia, Congenital toxoplasmosis, Constipation in adults, Constipation in children, Crohn's disease, and Croup. At the bottom of the dropdown, there are some featured articles and a note about new and updated reviews.

## FINDING BY SEARCHING

This facility is particularly valuable when searching for a treatment or condition that may appear in several different reviews e.g. Corticosteroids. Results are returned in listings that show a snippet of text with your search term highlighted so you can gauge the context. Results are ranked by relevance with a clear pathway that identifies where the results are located.

The screenshot shows the BMJ Clinical Evidence website interface with a search bar containing the word 'glaucoma'. The search results are displayed below the search bar. The results are ranked by relevance and include a snippet of text with the search term highlighted. The first result is 'Glaucoma' for established primary open angle glaucoma, ocular... (in people with primary open angle glaucoma or ocular... glaucoma? Lowering intraocular pressure Medical Eye disorders > Glaucoma > Interventions). The second result is 'Concomitant cataract (phaco or manual extracapsular extraction) and glaucoma surgery' related cataracts in people with glaucoma? Age related cataract in people with glaucoma Three RCTs... extracapsular extraction) and glaucoma surgery reduced Eye disorders > Cataract. The third result is 'Cataract surgery (phaco or manual extracapsular extraction) plus non-concomitant glaucoma surgery' related cataracts in people with glaucoma? Age related cataract in people with glaucoma One... surgery plus non-concomitant glaucoma surgery Eye disorders > Cataract. The search results are displayed in a clear, readable format with a navigation bar at the top and a search bar at the bottom.

# Navigating around a review

Once you have located the review that interests you, *BMJ Clinical Evidence* presents the information with a tabbed sub-menu. This evidence has been selected by systematic and rigorous searching to answer clinical questions while focusing on outcomes that matter most to patients and clinicians. Each treatment or intervention is then categorized according to its benefits and harms.

The core evidence is supplemented by links, references, and additional information.

The screenshot shows the BMJ Clinical Evidence website interface for a review on 'Kidney stones'. The page features a navigation menu with tabs for 'Interventions', 'Key points', 'About this condition', 'Updates', 'Guidelines (6)', 'References', and 'Your responses'. A 'Respond to this review' box is visible on the right side of the page. Dashed lines connect descriptive text blocks to specific elements on the page.

**INTERVENTIONS**  
A summary of interventions ranked by their effectiveness

**ABOUT THIS CONDITION**  
Background information about the condition

**GUIDELINES**  
Links to major guidelines relevant to the review

**KEY POINTS**  
A one page summary of the review

**UPDATES**  
Material published since the review search date

**PRINT OPTIONS**  
Print the page or download a multi-page review in PDF format

# Reading the full text

Interventions for each condition are summarized in a table. They are categorised by effectiveness, with icons for easy reference (see below).

**OTHER TABS**  
See previous page.

The screenshot shows a clinical evidence page for 'Kidney stones'. At the top, there are tabs for 'Interventions', 'Key points', 'About this condition', 'Updates', 'Guidelines (6)', 'References', and 'Your responses'. The 'Interventions' tab is highlighted with a red dashed circle. Below the tabs, there is a message: 'You may prefer to read the key points to this review.' To the right, there are links for 'Print page' and 'Print review'. Below this, there is a box titled 'Respond to this review' with the text: 'Remember you have the opportunity to respond to this review if you have any comments, or feel there is anything we have not covered.'

The main content is organized into three sections based on stone type and effectiveness:

- Asymptomatic stones:**
  - Unknown effectiveness:
    - Extracorporeal shockwave lithotripsy (ESWL) in people with asymptomatic renal or ureteric stones
    - Percutaneous nephrolithotomy (PCNL) in people with asymptomatic renal or ureteric stones
    - Ureteroscopy in people with asymptomatic renal or ureteric stones
- Symptomatic renal stones:**
  - Likely to be beneficial:
    - Extracorporeal shockwave lithotripsy (ESWL) in people with renal stones less than 20 mm
    - Percutaneous nephrolithotomy (PCNL) in people with renal stones
  - Unknown effectiveness:
    - Open nephrolithotomy in people with renal stones
    - Ureteroscopy in people with renal stones
- Symptomatic ureteric stones:**
  - Likely to be beneficial:
    - Extracorporeal shockwave lithotripsy (ESWL) in people with mid- and distal ureteric stones

## ICONS

Characterise the benefits/harms associated with an intervention

## DETAIL

Click the description to access a summary of the intervention, the benefits and harms, and a commentary

Key to icons

	Beneficial		Unlikely to be beneficial
	Likely to be beneficial		Unknown effectiveness
	Trade-off between benefits and harms		Likely to be ineffective or harmful

# Additional resources

*BMJ Clinical Evidence* offers a variety of other resources to help keep you up-to-date and to help you practice evidence based medicine (EBM).



The screenshot shows the BMJ Clinical Evidence website interface. At the top, there is a navigation bar with links for Home, Log in, Athens Log in, Help, and Contact us. Below this is the main header with the site title and a search bar. A secondary navigation bar includes links for Conditions, Subscribe, EBM resources, About us, Contact us, and Contribute. The 'EBM resources' section is highlighted, showing sub-links for EBM tools, EBM links, Drug information, and EBM training. Dashed lines connect these sub-links to their respective descriptions below.

**EBM TOOLS**  
These tools explain some of the statistical and clinical terms used in *BMJ Clinical Evidence* and introduce the concept of assessing and measuring risk when making clinical decisions.

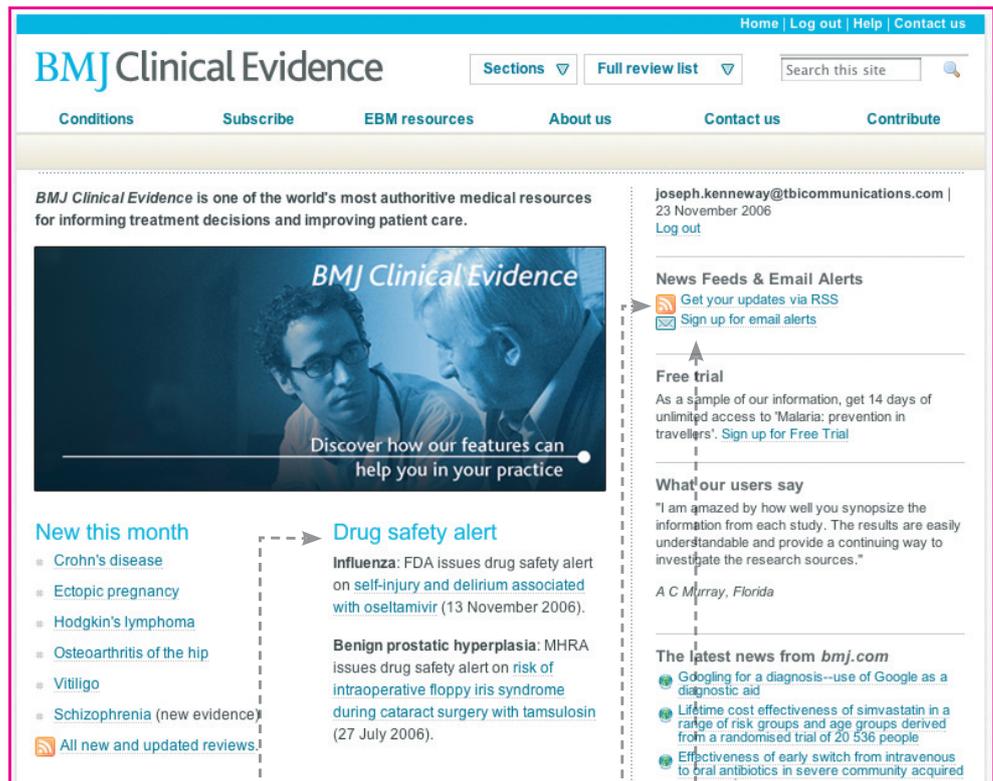
**EBM LINKS**  
Carefully selected links to other evidence based materials, publications, and organizations

**DRUG INFORMATION**  
Links to international sources of high-quality drug information

**EBM TRAINING**  
Free training modules on statistics and diagnostic tests

# News and alerts

BMJ Clinical Evidence helps you monitor what is happening in the sphere of evidence based medicine, and beyond, with a variety of tools that alert you to new content, findings, and news.



## DRUG SAFETY ALERTS

The latest findings on drug safety feature prominently on the home page

## RSS UPDATES

Subscribe to our RSS feeds and be notified of feeds as they occur

## EMAIL ALERTS

Receive notification when new reviews or updates are added to *BMJ Clinical Evidence*

## NEWS

The latest EBM related news



## BMJ Clinical Evidence

For more information, please contact the BMJ Sales Office:

BMJ Group, BMA House, Tavistock Square,

London, WC1H 9JR, UK

Tel: +44 (0) 207 383 6693

Fax: +44 (0) 207 383 6661

Email: [consortiasales@bmjgroup.com](mailto:consortiasales@bmjgroup.com)

US: +1 800 348 6473