

## Curriculum Vitae

### Personal information: Name:

Sultan Ayyadah Alanazi

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Address:

1. Department of Physical Therapy and Health Rehabilitation, College of Applied Medical Sciences, Majmaah University, Majmaah, 11952, Kingdom of Saudi Arabia

### Academic education:

- PhD degree in Physical Therapy, The University of Queensland, School of Health and Rehabilitation Sciences, Division of Physiotherapy, Brisbane, QLD 4072, Australia – 2023.
- Master's degree in Musculoskeletal Physical Therapy from the University of Pittsburgh. Physical Therapy and Health Rehabilitation – 2017
- Bachelor's degree from Al Majmaah University, Kingdom of Saudi Arabia – 2013

### Work experiences:

- Lecturer, Physical Therapy Department, Al Majmaah University, KSA (July 2017 – Present).
- Teaching Assistant, Physical Therapy Department, Al Majmaah University, KSA (November 2014 – July 2017).
- Head of Internship Unit, College of Applied Medical Sciences, Majmaah University (2014-2015).
- Orthopedic Physical Therapist, Prince Mohammed bin Abdulaziz Hospital, Riyadh, KSA (March 2014 – November 2014).
- Intern Physical Therapist, Department of Physical Therapy and Health Rehabilitation, King Fahad Medical City, Riyadh (27 – August – 2013 to 16 – February – 2014)
- Intern Physical Therapist, Department of Physical Therapy and Health Rehabilitation, King Abdulaziz Medical City, Riyadh (23 – February – 2013 to 11 – August – 2013)

### Teaching:

- Therapeutic Exercise II (PHT 325), Department of Physical Therapy and, College of Applied Medical Science, Al Majmaah University.
- Therapeutic Modality II (PHT 221), Department of Physical Therapy, College of Applied Medical Science, Al Majmaah University.
- Sports Medicine and Traumatology (PHT 333), Department of Physical Therapy, College of Applied Medical Science, Al Majmaah University.

### Member of the following associations/groups:

- Leader of the Ankle osteoarthritis Core domain set group (2020 - present).
- Member of the International Foot and Ankle Osteoarthritis Core Group (2020 - present).
- Member of Saudi Physical Therapy Association (2013 - present).
- Member of the Sports Injuries Rehabilitation and Prevention for Health research unit at The University of Queensland (2018 - present).

#### **Professional certificates:**

- Licensed Senior Musculoskeletal and Sport Physical Therapist, (2013 - present), Kingdom of Saudi Arabia.
- Physical Therapy lecturer, Majmmah University, Ministry of Education, (2014 - present).

#### **Professional development:**

- Summer trainee student at King Abdulaziz Medical city National Guard Health Affairs – Department of Physical Therapy and Rehabilitation, Riyadh, Saudi Arabia (2012)
- Summer trainee student at King Khalid Hospital and Rehabilitation Center Comprehensive (2013)
- Volunteered student in Physical Therapy Clinical and Transitional Research Center at University of Pittsburgh (summer 2017).
- Completed a course of English language at the British council Riyadh Elementary from 9-6-2012 To 18-7-2012.
- Holder the Silver Medal Certificate from the 5<sup>th</sup> International Invention Fair in the Middle East in Kuwait from the 19<sup>th</sup> - 22<sup>nd</sup> November 2012.
- Holder the golden Medal Certificate and Diploma with congratulation of the jury in the 41 Geneva salon International des Inventions 10 – 16 April 2013.
- Attended 4 courses held on Soadaa center for Family Development (invest your abilities, your decision to the secret of your success, health issues of concern to young people, Turn ideas into projects), Majmaah, Riyadh, Kingdom of Saudi Arabia.

#### **Posts:**

- Participating in the 5<sup>th</sup> International Inventions Fair in The Middle East hosted by the Kuwait Science Club From the 19<sup>th</sup> – 22<sup>nd</sup> of November 2012.
- Participating in the First Saudi Physical Therapy Conference, on the 15<sup>th</sup> – 16<sup>th</sup> May 2012.
- Participating in the 41<sup>st</sup> Geneva International Inventions In the Salon International des inventions From the 10 – 16 of April 2013.
- Participated with presentation in the 9<sup>th</sup> Applied Medical Sciences Students Meeting held at Kind Abdulaziz University, Jeddah, KSA 19-20 February 2013
- Participating in the Saudi Physical Therapy Association, in King Saud University in Riyadh as a member.
- Participating in the Saudi Occupational Therapy Association, in King Saud University in Riyadh as a member.

- Participating in the Physical therapy, Occupational therapy, Prosthetics and Orthotics, Speech language Pathology (POPS) conference on the 16th – 17th October 2012.
- Participating in workshop "Physical Therapy for Spinal Cord Injury", on 18th April 2012 during First Annual Physical Therapy scientific Day at Al-majmaah University.
- Participation in Autism Awareness Day 2013, at King Abdulaziz Medical City , National Guard Health Affairs, Riyadh, K.S.A , held on the 2<sup>nd</sup> April, 2013.
- Participation in the 9th Annual Meeting of the college of Applied Medical sciences students held at King Abdulaziz university, Jeddah, 19<sup>th</sup> – 20<sup>th</sup> February 2013.
- Participation in the 1<sup>st</sup> conference in newly Established Universities for Scientific Specialization 1434 – 2012, held at Majmmah University, Majmaah from 18<sup>th</sup> –19<sup>th</sup> of November 2012.
- Participation in the international disability Day at Comprehensive Rehabilitation Center, Majmmah, Riyadh, Kingdom of Saudi Arabia.
- Attended A course in Adobe Photoshop held at Majmmah University, Riyadh, Kingdom of Saudi Arabia.
- A certificate of appreciation from the Dean of Student Affairs at Majmmah University for being part of organizing committee for student activities 1432 – 1433 H .
- Participation in the International Day of People with disability as organizer at King Fahad Medical City, in Riyadh, Kingdom of Saudi Arabia 2013
- Participation in Physical Therapy and Rehabilitation awareness day as organizer at King Fahad Medical city in Riyadh 2013.
- Participation in “Late-Stage Rehabilitation after Knee Joint Surgery: Functional Optimization of Lower Extremity & Injury Prevention Techniques for the Entire limb” University of Pittsburgh, Pittsburgh, PA, USA which was presented by Professor James Irrgang, March 25-26<sup>th</sup>, 2017.
- Attended the Combined Section Meeting (CSM) San Antonio, Texas, USA February 15-18, 2017.
- Attended the Optimum Loading in Sport (Sport management Injuries Workshop with Professor Nicola Phillips Riyadh, KSA November 09, 2017

**Languages:**

Language	Reading	Writing	Conversation
English	Excellent	Excellent	Excellent
Arabic	Excellent	Excellent	Excellent

**Computer skills:**

- Awarded the International Certificate in IT Skills Foundation ‘Advance Level Certificates’ after completing 6 months of training from CAMBRIDGE INTERNATIONAL EXAMINATIONS

Software & programming languages	Level
MS Windows	Excellent
MS Word	Excellent

**Publications:**

**Alanazi, Sultan A.**, Vicenzino, Bill, Rhodes, Jonah, and Smith, Michelle D. (2023). Outcome measures in clinical studies of ankle osteoarthritis: a systematic review. *Physiotherapy (United Kingdom)* 118 54-63. <https://doi.org/10.1016/j.physio.2022.08.008>

**Alanazi, Sultan Ayyadah**, Vicenzino, Bill, van Bergen, Christiaan J. A., Hunter, David J., Wikstrom, Erik A., Menz, Hylton B., Golightly, Yvonne M., and Smith, Michelle D. (2022). Protocol for the development of a core domain set for individuals with ankle osteoarthritis. *Trials* 23 (1) 748 1-8. <https://doi.org/10.1186/s13063-022-06692-0>

**Conference abstract**

**Alanazi, S.**, Vicenzino, B., Maclachlan, L., and Smith, M. (2022). "It's like a nail being driven in the ankle": A qualitative study of individuals' lived experiences with ankle osteoarthritis. *Journal of Science and Medicine in Sport* 25 S29. <https://doi.org/10.1016/j.isams.2022.09.009>

**Conference presentations****International**

**Alanazi, Sultan Ayyadah**, Vicenzino, Bill, van Bergen, Christiaan J. A., Hunter, David J., Wikstrom, Erik A., Menz, Hylton B., Golightly, Yvonne M., and Smith, Michelle D. (2022, 29 October – 27 November). *Development of a core domain set for ankle osteoarthritis* [Oral presentation]. The 9th International Ankle Symposium 2022. Tokyo, Japan (Virtual congress)

**Alanazi, Sultan Ayyadah**, Vicenzino, Bill, van Bergen, Christiaan J. A., Hunter, David J., Wikstrom, Erik A., Menz, Hylton B., Golightly, Yvonne M., and Smith, Michelle D. (2022, 12 July). *Development of a core domain set for ankle osteoarthritis* [Oral presentation]. International Foot and Ankle Osteoarthritis Consortium meeting. Nottingham, United Kingdom (Online)

**Alanazi, Sultan A.**, Vicenzino, Bill, Rhodes, Jonah, and Smith, Michelle D. (2021, 9-11 April). *Outcome measures in clinical studies of ankle osteoarthritis: A systematic review* [Oral presentation]. The World Physiotherapy Congress 2021. Dubai, United Arab Emirates (Virtual congress)

**Alanazi, Sultan A.**, Vicenzino, Bill, Rhodes, Jonah, and Smith, Michelle D. (2021, 3 April). *Outcome measures in clinical studies of ankle osteoarthritis: A systematic review* [Oral presentation]. Physical Therapy Research Day 2021. Riyadh, Saudi Arabia (Virtual congress)

**Alanazi, S.**, Vicenzino, B., Maclachlan, L., and Smith, M. (2022, 16-19 November). *"It's like a nail being driven in the ankle": A qualitative study of individuals' lived experiences with ankle osteoarthritis*. [Oral presentation]. Sports Medicine Australia (SMA 2022). Brisbane, Australia

**Alanazi, S.**, Vicenzino, B., Maclachlan, L., and Smith, M. (2022, 31 March). *Individuals' perspectives on their lived experience with ankle osteoarthritis: A qualitative study* [Oral presentation]. Australian Physiotherapy Association (APA 2022). Brisbane, Australia

### **Internal at The University of Queensland**

**Alanazi, S.**, Vicenzino, B., and Smith, M (2022, 27 April). *Development of a core domain set for ankle osteoarthritis: An international consensus* [Oral presentation]. The University of Queensland. Brisbane, Australia (Online)

**Alanazi, S.**, Vicenzino, B., and Smith, M (2021, 1 July). *Three minutes to stop ankle pain limits* [Oral presentation]. Three Minute Thesis Competition, The University of Queensland, Brisbane. <https://vimeo.com/569824435> (Virtual conference)

**Alanazi, Sultan A.**, Vicenzino, Bill, Rhodes, Jonah, and Smith, Michelle D. (2020, 4 December). *Outcome measures in clinical studies on ankle osteoarthritis: A systematic review* [Oral presentation]. School of Health and Rehabilitation Sciences Postgraduate Research Conference, Brisbane, Australia.