

## **CURRCULUM VITAE**

### **Personal Information**

**Name:** Fatma zaghloul mahmoud Abdl Razik

**Gender:** Female

**Home address:** Khalidya, Majmaah.

**Religion:** Moslem

**Work address:** Department of Nursing, College of Applied Medical Sciences, Majmaah University, Al-Majmaah, Saudi Arabia

**Present position:** Assistant professor at Department of Nursing Nursing Department, Faculty of Nursing, Cairo University

**E. Mail:** f.zaghloul@mu.edu.sa  
fatmazaghloul@ cu.edu.eg

**Work phone:** 2915

**Education Qualifications:**

- 2008 Bachelor of nursing science with grade very good.
- 2009 Passed the internship clinical training year
- 2011 Clinical instructor at faculty of nursing
- 2013 Conduct Master courses of nursing, Faculty of Nursing, Cairo University.
- 2015 Master Science in Nursing, Faculty of Nursing, Cairo University, Thesis Title: **Health Profile of Pregnant Women with AntiPhospholipid Syndrome at Cairo University Hospitals”** with excellent grade
- 2015-2017: Passed doctoral courses of nursing, Faculty of Nursing, Cairo University, awarded certificate of excellence for outstanding performance in doctorate studies, and introduced protocol of doctoral dissertation under title: **Relationship of Informational Support to the Lived Experience and Quality of Life for Pregnant Women with Antiphospholipid Syndrome**
- 2020 Doctorate degree in Maternity and Newborn Health nursing sciences Faculty of Nursing, Cairo University

**Academic Positions****Professional experience**

- Clinical (instructor) in the Department of Maternal and Newborn Health Nursing, faculty of nursing, Cairo University from 2011-2014
- Assistant lecturer in the Department of Maternal and Newborn Health Nursing, Cairo University from 2015- 2019.
- lecturer in the Department of Maternal and Newborn Health Nursing,

Cairo University from 2020 until now.

- Responsibilities include: Teaching, coordinating and clinical supervision and evaluation of undergraduate students (of the 3<sup>rd</sup> year students) maternal and newborn health nursing at faculty of nursing, Cairo University. Having clinical experience in different areas as; labor and delivery, high risk pregnancy, and postpartum care.
- Participate in preparation of workshop, symposium and conferences in the department and faculty.
- Supervisor on the graduation project for undergraduate from 2020 until now



### **Committee memberships**

- Acting as a member establishing internal quality assurance system project in the Faculty of nursing Cairo University.
- a member of the organizing committee of maternal and newborn health nursing annual conference
- from 2014 until now a member in “Questionnaires Committee” in continuous improvement of quality assurance and accreditation center, Faculty of Nursing, Cairo University.
- 2020/ 2021 a member of the faculty examination control for postgraduate
- 2020/2022 responsible for the faculty examination control for undergraduate
- 2020/2021 member of alumni association office
- 2021/2020 Member of the Committee for Community Service and

### Environmental Development Affairs

- 2021/2022 partial loan to 6 October University for teaching.
- 2021/2022 advisor to the student families committee- student union- faculty of nursing – Cairo university
- 2022/2023 member of alumni association office.
- 2022/2023 member of the hearing committee
- 2022/2023 partial loan to 6 October University for teaching
- 2022/2023 member of libraries committee
- 2022/2023 member of international student welfare office.

### **Lectured subjects or courses**

- Maternal and newborn health nursing theory for undergraduate students (NUR 307)
- Maternal and newborn health nursing clinical (NUR 308)
- Complementary alternative medicine course
- Maternal and newborn health nursing theory advanced I for master degree
- Maternal and newborn health nursing theory advanced II for master degree
- Condensed course ( nursing theory and clinical).
- Evidence based practice for master degree
- Developing Concepts in nursing science for master degree

**Training Courses:**

2010: Certification from Syllabus Training Academy in English language 8 from 16 levels.

2012: use technology in teaching (FLDC) at Cairo University

2013: quality standers in teaching (FLDC) at Cairo University

2013: Research ethics (FLDC) at Cairo University.

2014: effective teaching skills (FLDC) at Cairo University.

2014: research team managment (FLDC), Cairo University.

2015: teaching methods at Cairo University.

2014: Local Toefl exam by score 617

2016: crisis management (FLDC) at Cairo University.

2016: managing time and meetings (FLDC) at Cairo University.

2017: Exams & students evaluation system (FLDC) at Cairo University.

2017: legal and financial aspects in university environment

2017: International publishing of scientific research (FLDC), Cairo

2018: Arabic and English editing in scientific research

2019: Local Toefl exam by score 533

2020: statistical analysis of bio-experiment (FLDC) at Cairo University

2020: Communication skills in different styles of education (FLDC) at Cairo University

2021: Critical thinking skills (FLDC) at Cairo University

2021: passed the training course titled: Basic Level of Assessment for Staff in Health Sector

2021 : essential of integrated education (FLDC) at Cairo University

2021: passed the training course titled: preparing the test items for medical sectors

2022: passed the training course of the digital transformation

2023: Sustainable development in university education (FLDC) at Cairo University

**Conferences and workshops:**

2011	Participate and attend session that held for the new clinical instructors at faculty of nursing
2012	Attend and organize the department's annual conference titled by 'Graduated quality in reality and hope for health caring of the maternity and newborn'.
2012	Attend the department's second symposium titled by 'Acupressure and women's health'
2012	Participate in the comprehensive examination day in environment week titled by the green tourism
2012	Attending the department symposium titled by stem cell & its uses in the treatment
2013	Organize the department's annual conference titled by challenges and opportunities in maternity nursing education.
2013	Participate in workshop titled by OSCE in nursing education center
2013	Attend the second international conference faculty of nursing" accreditation and nursing education" challenges and opprtunities
2014	Organizing the department conference " quality in

	maternal & newborn health nursing”.
2015	Attend and organize the department’s conference” simulation in clinical teaching & its applications in maternity nursing”
2016	Attend and organize the department’s annual conference titled by” enhancing midwifery nursing in Egyptian community
2016	Participate in workshop titled by plagiarism in scientific research in nursing education center
2016	Attend and organize the department’s symposium titled by working women laws in the Egyptian community
2016	Attend and organize the department’s symposium titled by safe motherhood
2017	Attend and organize the department’s annual conference titled by” competency based education in maternity nursing
2017	Attend and organize the department’s symposium titled by nutrition deficiency and women’s health
2018	Attend and organize the department’s conference titled by: nurse as a key element in sustainable development goals collaboration in postgraduate studies
2018	Attend and organize the department’s annual conference titled by capacity building in maternity nursing “ clinical & evidence based research

2018	Attend and organize the department's symposium titled by التخلص الأمن من النفايات الطبية وتطبيقاته داخل مستشفيات جامعه القاهرة
2018	Participate in the Breast cancer day at cairo university faculties
2019	Participate as organizer of the 18 <sup>th</sup> department's annual conference titled by “ clinical teaching opportunities”
2020	Attend 21 <sup>st</sup> Annual conference of the department of obstetrics & gynecology- Cairo university
2020	Participate in The medical educational caravan at the health center of the village of Jalatma in Al-Qanater
2020	Attend in the webinar entitled coronavirous disease (COVID 19) and the possibility of the second pandemic in the world
2020	Attend the web webinar for American society of clinical oncology: experiences and lesson during covid 19 pandemic
2020	Attend the 7 <sup>th</sup> international and 1 <sup>st</sup> virtual scientific nursing conference of faculty of nursing- menofeya university “Capacity Development of Nursing Research and Practice”
2021	Participation in the awareness series of lectures held through the Zoom for the employees of the National Cancer Institute
2021	



	Attend suez canal university 8th young researchers conference: with the title of future shaping . what is after the pandemic troubleshooting in international publishing
2021	Participating in the visit to the elderly home (a house honoring Hadiya Barakat) for elderly women and men
2021	Participating in the visit to the orphan house with special needs
2021	Coordinator of a seminar entitled New in Vaccines for the New Coronavirus (COVID-19)
2021	Coordinator of a seminar entitled The importance of early detection of breast cancer
2021	Writing report for the scientific symposium entitled Effective communication skills between health care providers, patients and their families
2021	Repertoire for the departments symposium titled by statistical analysis of the questionnaire
2021	Repertoire for the Association management unit for graduate affairs symposium titled by Introduction to ILETS and TOFL
2021	Online workshop entitled: essential of statistical analysis using spss, 2 hrs via Zoom
2021	Participated in scientific webinar entitled: research effect- concept and application
2021	Participated in scientific webinar entitled: research writing and editing skills

2021	Participated in scientific webinar entitled: the mechanism of thinking between the radiances of the mind and the conquests of research
2021	Participated in scientific webinar entitled: human and his creative energies between the known and the unknown
2021	Rapporteur of the department symposium entitled: parametric and non parametric statistical analysis
2021	Participated in the first student conference faculty of nursing – 6 October university entitled: The role of the nursing student in preventing infection with the Corona virus and limiting its spread
2021	Organize the faculty annual conference titled by: blended learning: Challenges and opportunities in nursing education
2021	Participate in training of Africans nursing leaders in the centre of training and research consultation, in the course entitled “ quality nursing care to prevent maternal and fetal death from 3/10 to 14/10 2021
2021	Participated in the world diabetes day
2021	Participated in 16 hours training course from 2/8 to 8/8/2021 entitled online assessment gourmet
2022	Participate in The medical educational caravan at the health center of the village of el minia 22/3/2022
2022	Participate in the 8th international conference of faculty of nursing cairo university
2022	Participate on the international community service by JURNAL NERS (Fundamental of publishing) may 20 /2022
2022	Repertoire for the departments symposium titled by Advanced statistical methods in statistical analysis

2022	Organize the department conference entitled: "E-health application in maternity nursing: future of research & practice" on 23 May 2022
2022	Participated in the first student conference faculty of nursing Misr University for Science and Technology entitled: "Digital transformation and innovation in nursing practice during the novel strains of COVID-19"
2022	Coordinate the course of African nursing leaders in the centre of training and research consultation, in the course entitled Nursing Care for Endemic Diseases in African Countries from 19 June to 29 June 2022
2022	Attended the workshop titled "Nursing designs and randomized control trial (RCT)" held by faculty of nursing - Cairo University in collaboration with Egyptian network of research ethics committee (ENREC) and (MERETI) on 27-28 July, 2022
2022	Participate in the department symposium as Rapporteur under the theme: Introductory to incision academy in maternity field
2022	Attending conference entitled "2nd Arab Nurses and Midwives Virtual Conference; a voice to lead: Arab nursing and midwifery in the global nursing ecosystem. Held on 29 October 2022
2022	Attending menofya conference "Recent Advances in Women Health Care: 17 October 2022
2022	Attend the departments symposium titled by Simulation and how to develop a clinical scenario (OSCE scenario) held on 25/9/2022
2022	Attend the scientific conference faculty of nursing "Nursing education: Era of new technology. Held on 28/6/2022
2022	Participate in the world breast cancer day in the antenatal clinical unit on 24/10/2022
2022	Participate in the world breast feeding day at postpartum clinical area 7/8/2022
2023	Repertoire for the departments symposium titled by Fundamentals of statistical analysis using SPSS

2023	Participate in the 11 <sup>th</sup> & 4 <sup>th</sup> virtual conference of faculty of nursing, Tanta University "Nursing Competencies in the Era of Digital Transformation" 5 <sup>th</sup> March, 2023
2023	Presenting scientific talk at the third scientific conference titled: the future of health and nursing care with Egypt vision 2030 KAFERELSHEIKH UNIVERSITY 19/3/2023
2023	Repertoire for symposium for the alumni office titled : the role of the nursing in the application of artificial intelligence in hospital held at 21/5/2023
2023	Participation as speaker in the 1 <sup>st</sup> international scientific nursing conference entitled “ Holistic Nursing Care: Sustainable solutions in Education and scientific research: 30/31 may 2023
2023	Coordinate
2023	Passing the training program (community health volunteering)
2023	Completing a workshop entitled Techniques of Preparing a Course Description and Report 19/9/2023
2023	Completing a workshop entitled Graduate Characteristics and Learning Outcomes 1/10/2023
2023	Completing a workshop entitled the annual report of the program 27/9/2023
2023	Completing a workshop entitled academic guidance and its role in the

	educational process 179/2023
2023	Completing a workshop entitled The optimal use of scientific research tools

**Certification:**

- Best Teacher (Clinical instructor) in year 2011: 2012 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University.
- Best Teacher (Clinical instructor) in year 2012: 2013 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- Best Teacher (Clinical instructor) in year 2013: 2014 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- Best Teacher (Clinical instructor) in year 2014: 2015 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University

- Best Teacher (assistant lecturer) in year 2015: 2016 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- Best Teacher (assistant lecturer) in year 2018: 2019 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- Best Teacher (lecturer) in year 2021: 2022 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- Best Teacher (lecturer) in year 2022/2023 Awarded by department of maternal and newborn nursing\ faculty of nursing \ Cario University
- International Publication certificate awarded by maternal and newborn health nursing department
- Certificate of excellence awarded by faculty of nursing \ Cario University for outstanding performance in doctorate studies academic year 2015/2016
- Certificate of excellence awarded by maternal and newborn health nursing department for achieving the highest score in the 2nd doctorate semester for the academic year 2016-2017

- Certificate of appreciation from the Foundation of MASR El KHER As a result of the effort exerted in the preparation of a health services assistant

**International Publication: First Book Publication, 2015:**  
<https://www.morebooks.de/store/gb/book/> Antiphospholipid syndrome at Cairo university hospitals ISBN (978-3-659-78505-4), 2015 LAP LAMBERT Academic Publishing is a trademark of: Omni Scriptum GmbH & Co. KG.

**International publication** for research paper at **WEST AFRICAN JOURNAL of NURSING**. Vol.26 no.2 November2015. Health Profile of Pregnant Women with AntiPhospholipid Syndrome at Cairo University Hospitals at [www. Wacn-online.com](http://www.Wacn-online.com)

International publication for research paper at **Indian Journal of Public Health Research & Development**

year : 2019, Volume : 10, Issue : 11 Effect of Informational Support on Quality of Life among Pregnant Women with Antiphospholipid Syndrome

Article DOI : 10.5958/0976-5506.2019.03792.6

International publication for research paper at **Rehabilitation Science**

Year: 2020, Vol. 5, No. 1, pp. 5-11, the Lived Experience of Hospitalized Pregnant Women Having Antiphospholipid Syndrome with A Previous Fetal Loss: A Phenomenological Study

Article DOI : 10.11648/j.rs.20200501.12

International publication for research paper at NEUROQUANTOLOGY  
VOLUME 20 | ISSUE 11 | PAGE 7319-7330| DOI:  
10.14704/NQ.2022.20.11.NQ66726

Fatma Zaghloul Mahmoud et al / Effect of Cognitive Behavioral Therapy on  
Stress and Anxiety Level among Pregnant Women with Previous

**International Publication: second Book Publication, 2022:**

[https://www.morebooks.de/store/gb/book/acupressure and applied relaxation  
training for reducing anxiety among high risk pregnancy](https://www.morebooks.de/store/gb/book/acupressure_and_applied_relaxation_training_for_reducing_anxiety_among_high_risk_pregnancy)

ISBN (978-620-5-50767-4), 2022 LAP LAMBERT Academic Publishing is a  
trademark of: Omni Scriptum GmbH & Co. KG.

**International Publication: third Book Publication, 2022:**

[https://www.morebooks.de/store/gb/book/ The lived experience of being a  
motherfor the first time: Phenomenological Study. ISBN \(978-620-5-51112-  
1\), 2022 LAP LAMBERT Academic Publishing is a trademark of: Omni  
Scriptum GmbH & Co. KG.](https://www.morebooks.de/store/gb/book/The_lived_experience_of_being_a_mother_for_the_first_time_Phenomenological_Study)

**International publication for research paper**

Zaghloul-Mahmoud F, Gamal-Mostafa M, Mahmoud-Abdel-Rahman W.  
Impact of designed infection control educational program on nurses'  
knowledge and compliance with standard precautions at maternity hospitals. J  
Integr Nurs 2023;5:138-44

National publication at Tanta Scientific Nursing Journal The Lived Experience of  
Hospitalized Women Undergoing Hysterectomy: A Phenomenological Study. ( Print ISSN  
2314 – 5595 ) ( Online ISSN 2735 – 5519)

**Reviewer in scientific Journal**

Certificate of excellence in reviewing for Asian journal of advanced research  
and reports.

Certificate of excellence in reviewing for Asian journal of medicine and  
health



Certificate of excellence in reviewing for journal of pharmaceutical research international

Researches in progress:

- **Timing of Umbilical Cord Clamping in Preterm Neonates: A Randomized Controlled Trial**
- **Effect of Primrose Oil versus lavender Oil on Hot Flashes and Night Sweats among Menopausal Women**

**Clinical areas attendance**

<b>5-2011 to 6-2013</b>	<b>High risk clinical unit</b>
<b>9-2013-6-2014</b>	<b>Antenatal clinical unit</b>
<b>9-2014-6-2015</b>	<b>High risk clinical unit</b>
<b>9-2015-6-2016</b>	<b>Antenatal clinical unit</b>
<b>9-2016-6-2017</b>	<b>Postpartum clinical unit</b>
<b>9-2017-5-2018</b>	<b>Labor clinical unit</b>

**LANGUAGE SKILLS**

- **Mother tongue:** Arabic
- **Very good in** English
- **Not bad** in French

**WORK EXPERIENCE**

- From 5/2011 until now working in the faculty of nursing as assistant staff
- From 9/2009 to 5/2011 in OSMAN HOSPITAL IN MAADI as specialist of nursing in ICU
- From 2008- 2009 in Bank El Ahly hospital as specialist of nursing in ICU

### **HOBBIES:**

- Reading for general knowledge.
- Internet searching.
- Singing

### **COMPUTER SKILLS**

- Microsoft Office: MS Word
- Net surfing , searching and mailing

### **PERSONAL SKILLS & ABILITIES**

- Excellent communication skills
- Fast learner
- self motivated and hard worker to meet deadlines
- Have leadership skills
- Try to increase my work experience and learn more every day
- Used to work under pressure