



Asma Naseem

Current Status Lecturer

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Work Address: Department of Medical Laboratories

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<https://www.researchgate.net/profile/Asma-Naseem-2>

<https://scholar.google.com/citations?user=QroGKTIAAAAJ&hl=en>

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Profile

To seek a promising personal and intellectual growth, contribute to advancement of education, utilize my education as a powerful catalysing agent to provide mental, physical, ideological and moral training to the youth. Want to play the role of a guide and supervisor to enable the younger generation to have full consciousness of their purpose in life.

Education:

MSc, Physiology, Endocrinology (Awarded year 2007) 80%

Department of Physiology, University of Karachi, Karachi, Pakistan <https://uok.edu.pk/>

MSc thesis Topic:

Dyslipidaemia relationship with Socioeconomical status in Pakistani population.

BSc, (Hons) Physiology (Awarded year 2005) 70%

Department of Physiology, University of Karachi, Karachi, Pakistan <https://uok.edu.pk/>

Teaching Experience:

March 19 2013 to Presently: Lecturer (Physiology, Anatomy, Pathology and Pathophysiology), Department of Medical Laboratories, College of Applied Medical Sciences, Majmaah University P.O Box 66, Majmaah 11952 - Kingdom of Saudi Arabia.

September 03 2007 to 13th March 2013: Lecturer (Physiology, Pathophysiology and Exercise Physiology), Liaquat National School of Physiotherapy, Liaquat National Hospital and Medical College, Karachi, Pakistan.

Book Chapter:

Book Title: Black Seeds (Nigella sativa) pharmacological and therapeutic applications (2022)

Chapter Title: Nigella sativa and its chemical constituents: A promising approach against neurodegenerative disorders. Swati Chaturvedi , Rohit Gupta, Neha Gupta , Nazim Ansari, Nessrin Ghazi , **Asma Naseem** , Ranjay K. Chaudhry , Uzair A. Ansari , Andleeb Khan , Sadaf Jahan,* Publisher Elsevier, Published

List of Publications:

- Sadaf Jahan, Swati Chaturvedi, Dipak Kumar, Arif Jamal Siddiqui, Deepika Arora, Bader Mohammad Alshehri, **Asma Naseem**, M Wahajuddin. Food Additives leading to Brain Complications: A Risk to Public Health. (Under Review).