

Curriculum vita

Name	NORAH ABDULRAZAQS ALMUTAIRI
E – Mail	almutiri.n@mu.edu.sa
Nationality	Saudi
Qualification:	
	Majmaah University (2015) Bachelor Degree of physiotherapy and rehabilitation in the field of : physical therapy and rehabilitation " Excellent" GPAwith the Class Honor.
	King Saud University(2021) Master’s degree of rehabilitation science " Excellent" GPA with the Class Honor.
Present position:	
	Teaching Assistant in AL- Majmaah University
Experience	
	<ul style="list-style-type: none">- Physical therapist at king Khalid hospital- Supervisor of female physical therapy department at king Khalid hospital- Director of national transformation office in king Khaled hospital
Courses:	
	<ol style="list-style-type: none">1. Spine manual therapy - 25-26 Feb 20152. Principles of taping - 12-13 Apr 20153. Difficult airway management workshop - held on 25 April 20154. Fascia workshop 15 Oct 20155. 2nd Madinah international conference for medical rehabilitation updates - 3-6 Nov 20156. The Mckenzie courses for lumber spine 22-25 oct20167. The Mckenzie course for cervical spine 27-30 oct20168. The functional rehabilitation of the spine lecture 20 Sep 20179. Spinal rehabilitation program workshop 21 Sep 201710. Preparing and manufacturing development projects workshop 12 – 14 SEP 201711. Basic infection control skills license 8 May 201712. Dry needling diploma 2018.13. Mullgan technique for cervical and upper extremities 2019.14. Mullgan technique for lumber and lower extremities 2019.15. Many live and online course in different fields.16.2020 أساسيات الأمن السيبراني17.2020 تطبيقات الحساسات الطبية في مقاومة انتشار جائحة كورونا18.2020 مسؤوليتنا في ازمة كورونا19.2021 تطبيقات الأوفيس للأكاديميين20.2021 برامج الجودة الشاملة21.2021 إعداد التقارير22.2121 الأمراض الشائعة في الحج23. How to write an introduction 202124. 2021 الابتكار الحكومي

Activity & Achievements

1. Contributed with 5 individuals to emission the first application for the specialization of physical therapy in the Arab world directed to individuals and specialists.
2. Participant in the third Scientific Conference for students in higher education - category of scientific research.
3. Participant in The Fifth Scientific Conference for students in higher education - category of scientific research and social service.
4. Participant at forum of women and children which was organized by the university in 2012 .and got 8000 attendance
5. Established an awareness program in 2014 entitled "medication protects your body and reading protect your mind.
6. Chairperson of the Commission of awareness and education of PTIdeas team a voluntary physiotherapy team since 2013 . ptideas.org
7. I had made an awareness program at 2016 entitled 'I am walking' in king Khalid hospital . To clarify the role of walking in the improve overall health.
8. Participant in young women leaders program in ALMAJMAAH university for 2 month.
9. Organization of the functional rehabilitation of the spine lecture 20 Sep 2017
10. Organization of Spinal rehabilitation program workshop 21 Sep 2017
11. Participant in Forum of youth committees to serve the community 2017 under the patronage of the Prince of Riyadh
12. Saudi Arabia candidate in ALLY FOR FUTURE program for young leadership women under the patronage of the ministry of family and social policies , republic of Turkey contribution of OIC women consultative council – 2017 .
13. Candidate of youth advisory committees of (emirate of Riyadh province) in 2018
14. Candidate of youth advisory committees of (emirate of Riyadh province) in 2019
15. Presenter of (care program of cerebral palsy patient under the partnership of the university of ALMAJMAA and emirate of Riyadh and king SALMAN center for disability research . 2017 - 2018
16. Implemented an awareness program about healthy, sport life style includes (+10 school) at 2018 – 2019
17. Organizing more than 6 online scientific meeting and lecture with international physical therapy expert

Skills & objective

- Excellent communication and motivational skills.
- Very good Creative Writing Skill. I have made many pocket book as a volunteer for health Awarenesssome here: ptideas.org
- Organizational and administrative skills.
- Ability to work under pressure and manage my time effectively.
- 4 years' experience working as a physical therapist.
- 2 years' experience as a department supervisor
- 1 year experience as a director of national transformation office