

# CRIS S. ADOLFO

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## SUMMARY OF QUALIFICATIONS AND EXPERIENCE

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- Fifteen years (15) of teaching experience.
- Registered Nurse and Registered Midwife.
- More than 2 years of clinical experience (volunteer staff nurse and clinic nurse).
- More than 2 years of international humanitarian work experience (monitoring, evaluation, accountability, and learning of program: MEAL).
- Work experience in World Health Organization (WHO) – Western Pacific Region Office (WPRO) under Health Services Development.
- Fellow of International Society of Quality in Health Care.
- Member of Sigma Theta Tau International Honor Society of Nursing.
- Google Scholar Citations: 47 | h-index: 4 | i10-index: 2

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## EDUCATION

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### DOCTOR OF PHILOSOPHY IN NURSING, MAJOR IN NURSING ADMINISTRATION

- Our Lady of Fatima University, Philippines (2021 - Ongoing)

### POST DOCTORATE IN TOTAL QUALITY MANAGEMENT IN HIGHER EDUCATION

- Centro Escolar University, Philippines (Completed - 2014)

### DOCTOR OF PHILOSOPHY IN CURRICULUM AND SUPERVISION

- Centro Escolar University, Philippines (Completed - 2013), dissertation entitled “*Assessment of the health programs of the University Belt Consortium: Basis for proposed coordinated school health program for tertiary level.*”

## **MASTER OF SCIENCE IN NURSING (MAJOR IN MEDICAL-SURGICAL NURSING)**

- Concordia College, Philippines (Completed - 2008), thesis entitled “*Low back pain and application of body mechanics among nurses in specialized and non-specialized areas.*”

## **BACHELOR OF SCIENCE IN NURSING (GRADUATED WITH HONORS)**

- Gordon College, Philippines (Completed - 2005), recipient of “Leadership Award”.

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## **EXPERIENCE**

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### **MAJMAAH UNIVERSITY – Kingdom of Saudi Arabia**

Assistant Professor of Nursing (BSN and MSN Program) | 2016 - present

- Bachelor Degree in Nursing Science (BSN Program)
- Master of Science in Nursing – Management and Leadership (MSN Program)
- MSN Program Research Mentor/Supervisor
- College of Applied Medical Sciences Committee Chair/Lead
  - Training Unit (2016 - 2018)
- Nursing Department Committee Chair/Lead
  - Exam Measurement and Assessment Committee (2016 - 2017)
  - Equipment and Laboratory Committee (2017 - 2018)
  - BSN Program, Quality Assurance and Academic Accreditation Committee (2018 - 2021)
  - MSN Program, Quality Assurance and Academic Accreditation Committee (2018 - 2021)

### **CATHOLIC RELIEF SERVICES (CRS) - Philippines**

Monitoring, Evaluation, Accountability, and Learning (MEAL) Officer | 2014 - 2016

- Integrated Rural Shelter and WASH Recovery Project
  - Grants from Caritas Australia, Caritas Austria, DFAT, UNICEF, and ILO (More than 6 million USD project). The targets were 10,000 transitional shelter and 10,000 latrines through direct build or cash grant methodology in Municipality of Palo, Leyte.
- Planning for Resilience and Effective Preparedness (PREP) Project

- Grants from USAID (1 million USD Project). The targets were 18,000 families have preparedness plans and capacity building through DRR Training of Trainors in Municipalities of Palo and Tanauan, Leyte.
- Emergency Response Group Member (Typhoon Non and Typhoon Ruby)

**WORLD HEALTH ORGANIZATION (WHO) – WESTERN PACIFIC REGION OFFICE - Philippines**

Intern | 2013

- Health Services Development: Assisted the development of Global Learning Programme e-Learning Course for the National Health Policies, Strategies and Plans (GLP – NHPSP) to strengthen WHO’s capacity to support its member states to develop, implement and monitor robust National Health Policies, Strategies and Plans, and in concerned countries, to implement the Paris Declaration and IHP+ principles.
- Human Resources for Health: Assisted the Regional Adviser in Nursing in the assessment of Infection Prevention and Control Programme of the Western Pacific region.

**REMEDIOS WOMEN’S HEALTH CLINIC - Philippines**

Clinic Nurse | 2012 - 2013

- Healthcare facility focused on women’s health (obstetrical and gynecological) and care of outpatients.

**CENTRO ESCOLAR UNIVERSITY - Philippines**

Assistant Professor | 2006 - 2014

- Acting Community Coordinator
- Preceptor to some tertiary, training, and specialized hospitals (San Lazaro Hospital and Philippine Orthopedic Center)
- Research Adviser
- Member: Curriculum Study Group and Internal Quality Audit (ISO and PQA)

**CARL BALITA REVIEW CENTER - Philippines**

NLE Reviewer | 2009 - 2014

- Board examination reviewer for nursing licensure examination (nursing research, leadership and management, community health nursing).
- **Co-Researcher** of the book entitled “*Ultimate Learning Guide to Nursing Review by Carl E. Balita, 2<sup>nd</sup> Edition*”.

### **UNIVERSITY OF MAKATI - Philippines**

Clinical Instructor | 2005 - 2006

- Part time clinical instructors in various affiliated hospitals (delivery room, NICU, medical ward, and surgical ward).

### **LAS PINAS GENERAL HOSPITAL AND SATELLITE TRAUMA CENTER - Philippines**

Volunteer Staff Nurse | 2005 - 2006

- Assigned in various areas focused on patient care management (direct and indirect care) and teaching and education.

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## **AFFILIATIONS**

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### **INTERNATIONAL SOCIETY FOR QUALITY IN HEALTH CARE**

Fellow and Member | 2017 – present

### **SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING**

Pi Iota Chapter Member | 2018 – present

### **PHILIPPINE NURSES ASSOCIATION – NCR ZONE 5**

House of Delegate | 2013 – 2014

Board of Director | 2009 – 2013

### **PHILIPPINE NURSES ASSOCIATION (MEMBER, INTERNATIONAL COUNCIL OF NURSES)**

Member | 2006 – present

## INTEGRATED MIDWIFE ASSOCIATION OF THE PHILIPPINES

Member | 2006 – present

## PHILIPPINE NURSING RESEARCH SOCIETY

Member | 2014 – 2015

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## PUBLICATIONS

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**ORCID ID:** <https://orcid.org/0000-0003-4776-1512>

- Almazan, J. U., Albougami, A. S., Alamri, M. S., Colet, P. C., **Adolfo, C. S.**, Allen, K., & Boyle, C. (2019). Disaster-related resiliency theory among older adults who survived Typhoon Haiyan. *International Journal of Disaster Risk Reduction*. Doi: 10.1016/j.ijdr.2019.101070 [Funded paper: Majmaah University Project No. 1440-35](**ISI / SCOPUS**)
- Almazan, J.U., Cruz, J.P., Albougami, A.S., Alamri, M.S., &**Adolfo, C.S.** (2019). Maternity-ward nurses' kangaroo mother care attitudes and practices: Implications and future challenges. *Scandinavian Journal of Caring Sciences*. Doi: 10.1111/scs.12681 [Funded paper: Majmaah University Project No. 1440-63](**ISI / SCOPUS**)
- **Adolfo, Cris S.** (2019). Quality and safety practice environment: Implications for management commitment to a culture of safety. *Nursing Forum*. Doi:10.1111/nuf.12367(**ISI / SCOPUS**)
- Paragas, E.D., Maniago, J.D., **Adolfo, C.S.**, Alamri, M. (2019). Student nurses' quality of life in Majmaah University: A cross-sectional study. *Majmaah Journal of Health Sciences*. Vol.7, Issue 3, September – 2019, Muharram – 1441.
- Artetche, D.L., Almazan, J.U. &**Adolfo, C.S.** (2019). Functional capability and job competence of part-time postretiree worker's in higher academic institution. *Ageing International*. <https://doi.org/10.1007/s12126-019-09357-7>(**ISI / SCOPUS**)
- Albougami, A., Almazan, J., Cruz, J., Alquwez, N., Alamri, M., **Adolfo, C.**, Roque, M. (2020). Factors affecting nurses' intention to leave their current jobs in Saudi Arabia. *International Journal of Health Sciences*. Vol. 14, Issue 3 (May-June 2020). PMID: 32536847(**ISI**)

- Albougami, A., Almazan, J., Stitt, N., Cruz, J., Colet, P., and **Adolfo, C.** (2020). Challenges of nurses and care management of depressed older adults: A narrative literature review. *Scandinavian Journal of Caring Sciences*. DOI: 10.1111/scs.12908(ISI / SCOPUS)
- **Adolfo, Cris S.** (2020). Predictors of professional quality of life among nurses - A cross sectional study. *International Journal of Advanced and Applied Sciences*.(ISI)
- **Adolfo, C.**, Roque, M., Albougami, A., Almazan, J. (2020). Nurses' attitude toward hospital quality improvement in hospitals: Implications for nursing management system. *Nursing Practice Today*:Vol.8, Issue 3.<https://doi.org/10.18502/npt.v8i3.5935> (SCOPUS)
- Jestoni D. Maniago, Evelyn E. Feliciano, Adelina M. Santos, Cyrelle L. Agunod, **Cris S. Adolfo**, Brian A. Vasquez, Abdulrhman Albougami, Joseph U. Almazan (2020). Barriers in performing physical assessments among nursing students: An integrative review. *International Journal of Nursing Sciences*.<https://doi.org/10.1016/j.ijnss.2020.12.013>(ISI / SCOPUS)
- **Adolfo, C.S.**, Albougami, A.S., Roque, M.Y., Almazan, J.U. (2021). Nursing care towards older adults with dementia: An integrative review. *Scandinavian Journal of Caring Sciences*.<http://doi.org/10.1111/scs.12974>(ISI / SCOPUS)
- **Adolfo, C.S.**, Almazan, J.U., Cruz, J.P., Albougami, A.S., Roque, M.Y., Montayre, J. (2021). Saudi Arabian nurses' workaholic tendencies and their predictive role in professional quality. Perspective in Psychiatric Care.DOI: 10.1111/ppc.12913(ISI / SCOPUS)
- Albougami, A.S., Almazan, J.U., Cruz, J.P., Alamri, M.S., Maniago, J.D., Palompon, D.R., Garcia, L.L., Orte, C.J., **Adolfo, C.S.**, Colet, P. (2021). A Thematic Analysis of Disaster Resilience through the Lens of Typhoon Haiyan's Older Filipino Adult Survivors. *Ageing International*. <https://doi.org/10.1007/s12126-021-09448-4>(ISI / SCOPUS)

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## **TRAININGS AND SHORT COURSES**

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### **BASIC CERTIFICATE IN QUALITY AND SAFETY**

Institute for Healthcare Improvement (IHI Open School) | 2019

### **OHSAS 18001:2007 (INTERNAL AUDITOR TRAINING)**

TUV SUD Middle East L.L.C. | 2018

### **BLS PROVIDER**

Saudi Heart Association – National CPR Committee | Valid from 2017 - 2019

**CERTIFICATE COURSE IN GLOBAL HEALTH**

University of the Philippines and Global Health Focus | 2016

**PREP TRAINING OF TRAINORS ON DRRMP AND CONTINGENCY PLANNING**

Center for Disaster Preparedness | 2015

**PROFESSIONAL DEVELOPMENT WORKSHOP SERIES ON EVALUATION AND APPLIED RESEARCH METHODS**

Claremont Graduate University | 2015

**CPR PRO FOR PROFESSIONAL RESCUER**

American Safety and Health institute | 2012

**TRAINING WORKSHOP ON THE TEACHING OF BIOETHICS IN PHILIPPINE HIGHER EDUCATION**

University of the Philippines | 2009

**PRECEPTORSHIP TRAINING**

Philippine Orthopedic Center | 2008

**PRECEPTORSHIP TRAINING**

San Lazaro Hospital | 2008

**POSTGRADUATE COMPLETION PROGRAM FOR MIDWIFERY LICENSURE FOR REGISTERED NURSES**

Dr. Jose Fabella Memorial Hospital – School of Midwifery | 2005

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**OTHER PROFESSIONAL EXPERIENCE (RESOURCE SPEAKER, POSTER PRESENTER)**

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**6<sup>th</sup> PNRS NATIONAL NURSING RESEARCH CONFERENCE**

Baguio City | 2013

**PANEL DISCUSSION IN GLOBAL HEALTH ISSUES (INTRODUCTION TO UNIVERSAL HEALTH COVERAGE)**

Dela Salle College of Saint Benilde | 2013

**INTEGRATED MANAGEMENT FOR CHILDHOOD AND ILLNESSES (IMCI) AND COMMUNITY ORGANIZING PARTICIPATORY ACTION RESEARCH (COPAR)**

Central Luzon Doctor's Hospital – Educational Institution, Inc. | 2012

**LEADERSHIP STRATEGIES AND COMPETENCY**

University of Saint Anthony | 2012

**NURSING RESEARCH: A ROAD TO LOVE**

St. Anthony College of Roxas City | 2012

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**CONFERENCES AND SEMINARS**

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**NEW LEADERS FOR HEALTH PRE-FORUM**

Council on Health Research and Development | 2015

**PROTECTION FROM SEXUAL EXPLOITATION AND ABUSE ORIENTATION**

AAP CWC Working Group Tacloban Hub | 2015

**ACCOUNTABILITY TO AFFECTED POPULATIONS AND COMMUNICATING WITH COMMUNITIES TRAINING**

AAP CWC Working Group Tacloban Hub | 2015



**META PHILIPPINE FORUM MEDICINE TRANSPARENCY ALLIANCE**

Bayaniham Center, Pasig City | 2014

**1<sup>st</sup> INTERNATIONAL CONFERENCE FOR HEALTHCARE PROFESSIONALS**

Centro Escolar University | 2014

**6<sup>th</sup> PNRS NATIONAL NURISNG RESEARCH CONFERENCE**

Baguio City | 2013

**TECHNICAL CONSULTATION ON ANTIMICROBIAL RESISTANCE SURVELLANCE  
IN THE WESTERN PACIFIC REGION**

WHO – WPRO | 2013

**NOMELEC ORIENTATION OF THE PNA ELECTION CODE**

Philippine Nurses Association | 2013

**POLICY DIALOGUE ON UNIVERSAL HEALTH CARE AND ACCESS TO MEDICINES**

Asian Institute of Management and Department of Health | 2013

**HIGH – LEVEL MEETING ON REGIONAL HEALTH SYSTEMS STRATEGIES  
REVIEW**

WHO - WPRO | 2013

**REGIONAL PROGRAMME MANAGERS MEETING ON NEGLECTED TTROPICAL  
DISEASES IN THE WESTERN PACIFIC REGION**

WHO - WPRO | 2013

**MEETING ON AGEING AND HEALTH IN THE WESTERN PACIFIC REGION**

WHO - WPRO | 2013

**22<sup>ND</sup> MEETING OF THE TECHNICAL ADVISORY GROUP ON IMMUNIZATION AND VACCINE-PREVENTABLE DISEASES IN THE WESTERN PACIFIC REGION**

WHO - WPRO | 2013

**HEALTH COP BROWN BAG: STRUGGLING FOR IDENTITY: HEALTH IMPACT ASSESSMENT**

Asian Development Bank | 2013

**CHALLENGES OF NON-COMMUNICABLE DISEASE: THE WELLNESS TREE**

Philippine Nurses Association | 2013

**ECG READING AND INTERPRETATION**

Community Health Education Emergency Rescue Services | 2012

**FIRST AID WITH DISASTER MANAGEMENT AND S.T.A.R.T. TRIAGE**

Community Health Education Emergency Rescue Services | 2012

**2010 INTERNATIONAL NURSES DAY FORUM**

Philippine Nurses Association | 2010

**NURSES DRIVING ACCESS TO QUALITY HEALTH CARE**

Philippine Nurses Association | 2011

**18<sup>TH</sup> ANNUAL CONFERENCE: RESEARCH TRENDS FOR DECADE 2010 - 2020**

Philippine Society for Educational Research and Evaluation, Inc. | 2010

**29<sup>TH</sup> ANNUAL LOCAL CONVENTION AND 4<sup>TH</sup> SCIENTIFIC LECTURE SERIES**

Philippine Nurses Association | 2008

**COMMUNITY ORGANIZING – PARTICIPATORY ACTION RESEARCH FOR COMMUNITY HEALTH DEVELOPMENT**

**NEW LEADERS FOR HEALTH PRE-FORUM**

Council on Health Research and Development | 2015

**RESEARCH MENTORSHIP**

<i>Name of Student</i>	<i>Research Title</i>	<i>Role</i>	<i>Degree</i>	<i>University</i>	<i>Date of Completion</i>
Abdulmajeed Jahaz Alahmadi	Relationship of Leadership Practice of Nurse Supervisor and the Staff Nurse Job Performance	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	Ongoing
Mohammed Aldhubayi	Quality and Productivity of Nurses Towards Patient Experience Outcomes in Home Health Care in Qassim Region	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	Ongoing
Essa Alharbi	Effect of Nursing Leadership Training Program on Head Nurse Competency and Job Performance	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	Ongoing
Mohammed Abdulghani Abualoyun	Stress and Coping Approaches	Adviser / Supervisor	Master of Science in Nursing	Majmaah University, Saudi	2021

	Among Nursing Staff in Al-Madinah Al-Munawara City		(Management and Leadership)	Arabia	
Ali Yahya Alqahtani	Nursing Leadership Practice and Technological Competency Among Nurse Managers in Riyadh City Hospitals, Saudi Arabia	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2021
Awadh Shaman Alharbi	Toxic Leadership Perception among Nurses Working in Saudi Arabia	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2020
Ibrahim Jaber Alrehaili	Effect of Nurse Leadership Styles on Sustainable Healthy Working Environment (HWE) in Selected Hospitals at Madinah City	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2020
Aldrin Jardaleza	Interdisciplinary Teamwork and Collaboration among Healthcare Professionals in Acute Setting	Adviser / Supervisor	Master of Arts in Nursing	University of the City of Manila, Philippines	2014

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