

Curriculum Vitae

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Objective

My career objective is to become engaged in highly sophisticated universities that provide me with opportunities to apply and develop my knowledge and acquire a challenging position that utilizes my educational background and sharpens my skills.

Education

- **2012–2016**
Doctor of Philosophy in Nursing Science: Northeastern University, Boston, MA, USA
Thesis title: The relationship between cultural competence levels and perceptions of patient-centered care among Filipino and Indian expatriate nurses working in the Saudi Arabian healthcare sector
- **2010–2011**
Master of Science in Nursing: Curtin University, Perth, Western Australia
Thesis title: The role of language and communication in providing quality health care by expatriate nurses in Saudi Arabia
- **2009–2010**
Bachelor of Science in Nursing: Curtin University, Perth, Western Australia
- **2002–2006**
Intermediate Certificate in General Nursing: Ministry of Health College, Riyadh, Saudi Arabia

Work Experience

- Director: Master of Nursing Program, Majmaah University (**Sep 2018 – Present**)
- Head: Nursing Department, Majmaah University (**Nov 2017 – Present**)
- Director: RN-BSN Bridging Program, Majmaah University (**Oct 2016 – Present**)
- Assistant Professor: Nursing Department, Majmaah University (**Sep 2016 – Present**)
- Staff Nurse in Operating Room: King Khalid General Hospital, Alkarj (**June 2006 – April 2008**)

Credentials

- Licensed Senior Nurse Specialist: Saudi Commission for Health Specialties

Administrative Activities

- Member: Institutional Review Board, Majmaah University, **2018 – Present**
- Chairperson: Interview Panel, Master Applicants, Nursing Department, **2018**
- The College Representative: The Committee of Nursing College's Deans, Imam Abdulrahman bin Faisal University, **3/29/2018**
- Chairperson: Nursing Department Council, Majmaah University, **2017 – Present**
- Member: College of Applied Medical Sciences Council, Majmaah University, **2017 – Present**
- Chairperson: Simulation Committee, Nursing Department, **2017 – Present**
- Member: Curriculum Development Committee, Nursing Department, **2017 – Present**

Skills

- Excellent command of spoken and written fluency in both Arabic and English
- Excellent experience in various programs, including SPSS, MS Word, and MS Excel
- Excellent verbal and written communication skills
- Excellent administrative abilities gained through participating in the developing and improving of the Nursing Department at Majmaah University
- Excellent presentation skills
- Excellent training abilities in quality and accreditation standards
- Excellent team-building skills
- Strong leadership and negotiations skills
- Excellent analytical, strategic, and organizational skills

Attributes

- Well-organized, dynamic personality
- Self-motivated
- Able to work under pressure and meet tight deadlines
- Strongly committed to the nursing profession
- Knowledgeable, skillful, and highly educationally capable
- Very quick learner
- Ability to quickly grow accustomed to new technologies and tools
- Ability to analyze and understand others' work

Areas of Interest

- Nursing Management and Leadership
- Nursing Ethics and Professionalism
- Nursing Education and Curriculum Development
- Health Care Quality and Nursing Care

Publications

- **Albougami, A.**, & Manzar, M. D. (2019). Insomnia severity index: A psychometric investigation among Saudi nurses. *Sleep and Breathing*. doi:10.1007/s11325-019-01812-8
- Almazan, J. U., **Albougami, A. S.**, Alamri, M. S., Colet, P. C., Adolfo, C. A., Allen, K., . . . Boyle, C. (2019). Disaster-related resiliency theory among older adults who survived Typhoon Haiyan. *International Journal of Disaster Risk Reduction*, 101070. doi:10.1016/j.ijdr.2019.101070
- Manzar, M. D., Salahuddin, M., Alamri, M., **Albougami, A.**, Khan, M. Y., Nureye, D., . . . Pandi-Perumal, S. R. (2019). Psychometric properties of the Epworth sleepiness scale in Ethiopian university students. *Health and Quality of Life Outcomes*, 17(1). doi:10.1186/s12955-019-1098-9
- Manzar, M. D., **Albougami, A.**, Salahuddin, M., Sony, P., Spence, D. W., & Pandi-Perumal, S. R. (2018). The Mizan meta-memory and meta-concentration scale for students (MMSS): A test of its psychometric validity in a sample of university students. *BMC Psychology*, 6(1). doi:10.1186/s40359-018-0275-7.
- Almazan, J. U., Cruz, J. P., Alamri, M. S., Alotaibi, J. S., **Albougami, A. S.**, Gravoso, R., . . . & Bishwajit, G. (2018). Predicting patterns of disaster-related resiliency among older adult Typhoon Haiyan survivors. *Geriatric Nursing*. doi:10.1016/j.gerinurse.
- Almazan, J. U., Cruz, J. P., Alamri, M. S., **Albougami, A. S.**, Alotaibi, J. S., & Santos, A. M. (2018). Coping strategies of older adults survivors following a disaster: Disaster-related resilience to climate change adaptation. *Ageing International*. doi:10.1007/s12126-018-9330-1.
- **Albougami, A. S.**, Pound, K. G., & Alotaibi, J. S. (2016). Comparison of four cultural competence models in transcultural nursing: A discussion paper. *International Archives of Nursing and Health Care*, 2(4). doi:10.23937/2469-5823/1510053.
- **Albougami, A. S.**, & Alotaibi, J. S. (2016). Comparison of four cultural competence models in transcultural nursing: A discussion paper. *International Archives of Nursing and Health Care*, 2(4). doi:10.23937/2469-5823/1510053.
- **Albougami, A.** (2015). Role of language and communication in providing quality healthcare by expatriate nurses in Saudi Arabia. *Journal of Health Specialties*, 3(3), 166. doi:10.4103/1658-600x.159898.

Conferences and Posters

- Hall, J., & **Albougami, A.** (2016). Proceedings from the 14th International Conference on Communication in Healthcare ICCH, Germany: *Male and female primary care physicians and surgeons: Patients' actual experience versus stereotypes*.

- Pounds, K., & **Albougami, A.** (2015). Proceedings from the Eastern Nursing Research Society ENRS, USA: *The role of language and communication in providing quality health care by expatriate nurses in Saudi Arabia.*

Awards

- Dean of Excellence Award: Academic Department Category, College of Applied Medical Sciences, Majmaah University, **2017–2018**
- Certificate of Appreciation for High Passing Percentage of Saudi Nursing Licensing Exam, **2018**

Accomplishments

- Currently establishing a Simulation Center for the Nursing Department, **in progress**
- Launched Nursing Master Program, Leadership and Management Track, **2018**
- Developed a Saudi Nursing Licensing Exam Training Program, **2017**