

# Curriculum Vitae

## Personal Information

Given Name: Sharifa

Family Name: Alasiry

Marital status: Married

Nationality: Saudi

Date of birth: 10/12/1981

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## Qualifications

- PhD degree in Critical Care Nursing (Cardiac) Monash University, Melbourne, Australia April 2019.
- Master degree in Critical Care Nursing (Cardiac), Sophiahemmet University, Stockholm, Sweden January 2013.
- Bachelor degree in General Nursing Sophiahemmet University, Stockholm, Sweden June 2011.
- Postgraduate Critical Care Nursing diploma (adult ICU), Nursing Academy in Military Hospital, Riyadh, Saudi Arabia August 2007.
- Associated degree in General Nursing, College of Nursing, Abha, Saudi Arabia November, 2004.

## Employment History

- Lecturer at Al-Majmaah University, Saudi Arabia from April 2014 to date.
- Nurse Educator at King Saud Medical City, Cardiac Care Unit (CCU) Riyadh, From October 2013 to March 2014
- Aseer Central Hospital, Abha, Saudi Arabia, Nursing administration from January 2013 to September, 2013
- Supervisor of nursing education in Aseer Central Hospital, Abha, Saudi Arabia from August 2007 to January 2009.
- Riyadh Military Hospital from November 2005 to August 2007, Student in critical care program and bedside nurse in General Intensive Care Unit, GICU
- Aseer Central Hospital, Abha, Saudi Arabia from December 2004 to October 2005, bedside nurse in Paediatric Intensive Care Unit, PICU

## Experiences

Place	Period
Monash university, Australia. PhD in critical care nursing	February 2015 to April 2019
Majmaah University, lecturer of critical care units	April 2014 to June 2014
King Saud Medical City, Riyadh, nursing educator in Coronary Cardiac Unit	October 2013 to April 2014
General nursing directorate, Ministry of Health, Riyadh, Nursing education	April 2013 to July 2013
Nursing administration, Aseer Central Hospital, Abha	January 2013 to March 2013 July 2013 to September 2013
Head of education and training nursing department, clinical instructor. Aseer Central Hospital, Abha " Nursing Administration"	April 2008 to January 2009
Member of nursing quality improvement committee, Aseer central hospital .	November 2007 to January 2009
Head of adult intensive care unit "Makkah tower hospital "Mena" hajj duty for one month each year.	2007, 2008 ,2012
Member of CPR committee, Aseer Central Hospital	November 2007
Critical care staff nurse in "Makkah Ajiad hospital" Ramadan duty. For one month.	September 2007
Head of paediatric intensive care unit, Aseer central hospital.	August 2007 to November 2007
Staff nurse in general intensive care unit GICU military hospital, Riyadh	January 2006 to August 2007
Staff nurse in paediatric ICU, Aseer central hospital, Abha	January 2005 to October 2005
Instructor in emergency nursing management course, continuous medical education centre in Aseer Central Hospital.	2005

## Training and development: Excellence in Research & Teaching

Topic	Type	Date
Foundations for teaching associates (online)	Session	11/04/2016
Library: Developing a plan for successful doctoral study	Session	10/09/2018
Library: Writing effective literature reviews in the STEM disciplines	Session	14/11/2017
MGE: MS Excel 2013: Data analysis including Pivot Tables, Sorting, Filtering, Subtotals, Charts	Session	31/07/2017
MGE: MS Word 2013 - Level 2: Master Sub-Documents and Templates	Session	27/07/2017
MGR Online: Excel 2016 - Advanced Formulas and Functions	Online Course	12/11/2018
MGR: Statistical Analyses using SPSS (SPSS 2)	Session	20/07/2017
MNHS Online: LabArchives	Session	30/03/2018
Questionnaire Design (18/05/16)	Session	18/05/2016
Settling into Monash University as an International Doctoral Student (Online Foundation Unit)	Online Course	02/07/2016
Statistical Analyses using SPSS (SPSS 2)	Session	12/08/2016
Teaching and Learning with Social Media (2016)	Session	15/04/2016
Writing about Quantitative Data: Communicating your Results (2016)	Session	03/10/2016

## Training and development: Professionalism, Career & Innovation

Topic	Type	Date
Communicating the Impact of your Research – The Use of Media (2016)	Session	01/06/2016
Introduction to Management (ONLINE Foundation Unit)	Online Course	11/12/2015
MGE: Becoming a Research Leader within Academia (GRC 2017)	Session	17/11/2017

MGE: Communicating Science to the Public. Dr Karl Kruszelnicki (Keynote) (GRC 2017)	Session	17/11/2017
MGE: Creating an Innovative start-up (GSC 2017)	Session	20/06/2017
MGE: From graduate student to expert consultant (GSC 2017)	Session	20/06/2017
MGE: From graduate student to social enterprise (GSC 2017)	Session	20/06/2017
MGE: Global Trends Keynote: Waleed Aly (GSC 2017)	Session	19/06/2017
MGE: Interview skills (GSC 2017)	Session	19/06/2017
MGE: Principles and Practices of Leadership Development (GRC 2017)	Session	17/11/2017
MGE: The future of work in medicine & healthcare (GSC 2017)	Session	19/06/2017
MGE: The future of work in science, technology & design (GSC 2017)	Session	19/06/2017
MGR Online: Applying Project Management Principles and Techniques To Your Research WEBINAR	Session	05/09/2018
MNHS: Identifying your Research Study Implications	Session	05/06/2018
MNHS: Intensive Writing Course for Science Communication	Session	22/05/2018
MNHS: Nursing and Midwifery Research - Consumer Engagement	Session	05/06/2018
MNHS: Nursing and Midwifery Research - Consumer Engagement - Dignity of Risk	Session	06/06/2018
MNHS: Three Minute Thesis (3MT)	Session	28/06/2017
Networking: (ONLINE Foundation Unit) The essential guide to connecting and building your profile.	Online Course	11/01/2016
Research Impact Through Global Engagement (14/6/16)	Session	14/06/2016
Working with teams ONLINE	Online Course	10/01/2016

## Training and development

King Saud university " towards advancing nursing" symposium	Dec 6th,7th and 8th – 2005
World diabetes day, Aseer central hospital.	17 Nov- 2007
Emergency nursing management, Aseer central hospital .	6th April -2005
Saudi commission for health specialise " the impact of nursing regulations on patient safety "	21st march -2007
Breast feeding “seminar "in Aseer central hospital	15\9 -21\9 _2004
Emergency nursing management course Aseer central hospital	27\9\2005
Introduction to paediatric malignancy king Faisal specialist hospital.	23rd March -2005
Fluid and electrolyte balance in children King Faisal Specialist Hospital.	16th Feb -2005
34th paediatric club meeting Aseer central hospital.	Dec 6th -2007
Hajj critical care medicine " FCCS"	Dec 15th -2007
ICU core lecture series in	
-Endocrine issue in the ICU.	May 14TH -2007
-Surgical issues in critical care medicine.	Feb 12 -2007
-Shock.	Nov 19th -2007
-Fluid resuscitation ,theory and practical"	Feb 5th -2007
-Sever pneumonia.	Jan 29th -2007
-Assertive communication.	Feb 25th 2006
-Multi organ failure.	April 9th -2007
-FCCS course "fundamental of critical care course "in RKH	December 3 ,2006
-ACLS course "advanced cardiac life support provider "in RKH	November 2006
- PALS course "paediatric advanced life support provider "in KAMC	May 2005
-Paediatric intensive care course ,national guard training centre in "KAMC"	May2005

-BCLS course "basic cardiac life support provider" in ACH	15th June 2008
-Health promotion course in nursing for 3 months at RKH	December 2005 to March 2006
-Communication course in nursing for 3 months at RKH	December 2005 to March 2006
-International nurses day 2008 , present lecture " quality in education"	14th May 2008

## Research Experience

I have been working with the research during my study in the Bachelor degree at Sophiahemmet University of nursing, Stockholm. The first study about nurses' experiences' when providing Palliative care nursing for critically ill patients in An Intensive care unit in Saudi Arabia. We used qualitative content analysis design and the study has published in middle east nursing journal, 2012.

Other study I have done during my Master degree study at Sophiahemmet University of nursing, Stockholm. I used qualitative content analysis approach. I interviewed nurses in a coronary care unit. The study aim about nurses' perceptions when dealing with pain assessment and pain management for patients with myocardial infarction, 2013.

## *During my PhD journey, I drafted 4 manuscripts which are planned for publications*

- 1- Alasiry, S., Hills, D. & Plummer, V. (2019). The role of the nurse in cardiac rehabilitation programs: a systematic review.
- 2- Alasiry, S., Hills, D. & Plummer, V. (2019). Healthcare providers knowledge and awareness of CR programs in Saudi Arabia: a quantitative study.
- 3- Alasiry, S., Hills, D. & Plummer, V. (2019). Patients experience of CR programs in Saudi Arabia: a qualitative study.
- 4- Alasiry, S., Hills, D. & Plummer, V. (2019). Modelling cardiac rehabilitation programs in Saudi Arabia: mixed methods design.

## **Publications**

- 1). Alasiry, S., Löfvenmark, C. (2013). Nurses' Perceptions of Pain Assessment and Pain Management for Patients with Myocardial Infarction in a Coronary Care Unit. *Middle East Journal of Nursing* (7): 5, 9-22 2013.
- 2). Alasiry,S., Alshehri, H., Medin, J., and Hagelin, C, L. (2012). Nurses' Experiences of Providing Palliative Care in an Intensive Care Unit in Saudi Arabia. *Middle East Journal of Nursing* (6): 1, 19-30 2012.

## **Skills**

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|-------------------------------|---|
| 1. Language                   | Arabic, English and Swedish             |
| 2. Computer knowledge         | Word program ,PowerPoint, Excel<br>SPSS |
| 3. Teaching skills in nursing |   |

## **Awards and certificates**

Prince Khalid al Faisal prize award for Excellence student in Aseer region	2004
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Awards various certificates and awards during study journey from different institutes

Attended varies courses of nursing care in Saudi Hospitals and universities overseas and handle varies certificates in different social courses.	2005-2019
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Competing in 3 minutes thesis presentation at Monash university	2017
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## **Referees**

### **Virginia Plummer**

Position: A/P Nursing and midwifery school Monash University, Australia

Telephone No: +61417352246

Email: Virginia.plummer@monash.edu

### **Ewa Englund**

Position: Director of International study

Organisation: Sophiahemmet University College

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### **Dr Ahmed Al Bargi**

Consultant doctor in paediatric intensive care unit ACH, head of department, dean of pharmacy collage,  
King Khalid University

Tel 0504739289

### **Dr Buthina Al Ghazali**

Dean of nursing collage, Abha 2004-2009

Paediatric consultant ACH.

Tel 0505749461

### **DR Munirah Alosimy**

RN, MSN, PhD General Nursing Director ,Ministry of Health KSA.

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