

## وكالة الجامعة -إدارة البيئة الجامعية والصحة المهنية Vice Rectors - Department of the University Environment & Occupational Health Occupational Health Unit



## FIRST AID FOR BURN & SCALDS



## ACT AT ONCE-DELAY IS SERIOUS

- Immediately immerse the affected area in (or pour over) cold running water for at least 10 minutes or until the pain is relieved.
- In the event of swelling, remove anything that may cause constriction i.e. belt, shoes, rings, etc.
- Cover affected area with a dry sterile dressing.
- Seek medical attention.

## EMERGENCY SERVICES

Street price

ambulance:

doctor:

hospital:

phone:

phone:

phone:

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