

- **Community Resources for the Elderly**

- Dr. Khalid El Tohami

- Objectives •

- At the end of the session student should be able to:
 - Discuss the roles of ministry of social affairs for caring the elderly.
 - Analyze the role of ministry of health in geriatric care.
 - Evaluate the importance of supportive and charity organizations for old peoples.

• وَقَضَى رَبُّكَ أَلَّا تَعْبُدُوا إِلَّا إِيَّاهُ وَبِالْوَالِدَيْنِ
إِحْسَانًا إِمَّا يَبُلُغَنَّ عِنْدَكَ الْكِبَرَ أَحَدُهُمَا أَوْ
كِلَاهُمَا فَلَا تَقُلْ لَهُمَا أُفٍّ وَلَا تَنْهَرْهُمَا
وَقُلْ لَهُمَا قَوْلًا كَرِيمًا . وَاخْفِضْ لَهُمَا
جَنَاحَ الذُّلِّ مِنَ الرَّحْمَةِ وَقُلْ رَبِّ
ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا .
{الإسراء/٢٣-٢٤}

• قال النبي صلى الله عليه وسلم { إن من
إجلال الله إكرام ذي الشيبة المسلم.. }
أخرجه البخاري،

• كما أخرج الترمذي عن أنس رضي الله
عنه قال: جاء شيخ يريد النبي صلى الله
عليه وسلم فأبطأ القوم عنه أن يوسعوا له
فقال النبي صلى الله عليه وسلم { ليس
منا من لم يرحم صغيرنا ويوقر كبيرنا }.

History •

- The services started with King Abdul Aziz Al Saud by offering the elderly fund and hosting them in hostels
- Shifted to the General Presidency for orphanages at 1375
- In 1380 the General Presidency for orphanages joined to the Ministry of Labour and Social Affairs
- The Activities of Ministry of Social Affairs

General Administration for the •
care and guidance

The overall objective

- To develop the general policy for the social guidance , education and reform of social groups with the principles of Shari'a and scientific methods,
- Offering services across three departments of juvenile care, care for the elderly, and management anti-begging.
 - Department of Care for the Elderly Activities
- The social care hostels

- Receives elderly(above 60) - of both sexes - who are without relatives and unable to work or to take care of themselves, they must be free from infectious diseases or mental illness,
- To be close to the natural family life
- To enjoys the sense of independence, comfort, security and tranquility,
- To provide them full social , health, psychological, physical therapy care ,
- To allow them practicing some handwork and artwork

– Providing pocket money (60 rials per month).

- Home care program: -
 - To care for the elderly at his home and within his family
 - To provide him with medical care as needed,
 - The medical team pay the visits according to planned schedule,
 - The team consisting of a doctor and nurse and a

psychiatrist or a psychologist
and a social worker and
physiotherapist

– The programs offered a
regular visits and trips in
order to connect them to the
outside community and the
elimination of their sense of
isolation.

- There are currently ten hostels
distributed throughout the
Kingdom (Riyadh for males-
Riyadh for females - Onaiza -
Wadi Al Dawasir - Dammam -

Al-Jouf - Medina - Abha -
Makkah - Taif).

- General Administration of
Medical Services
(Ministry of Social Affairs)

To serve special groups in the
hostels

- **Objectives:**

- To provide comprehensive
health
services(Preventive,
curative and
rehabilitative)

- Provide health education and rehabilitation to the special groups in the home care programme
- Provide medical care at hostels
- Intersectoral cooperation
 - Activities of the General Administration of Medical

Services (Ministry of Social Affairs)

- Planning for preventive and curative services for the elderly and disabled in the hostels.
- Follow up care for special medical cases.
- The provision of medical and nursing staff.
- Health education
- Medical reports

–The Ministry of Health
Program in Geriatric

Care.

- Vision: to enjoy active healthy long-life.
- Mission: to protect and improve the health of the elderly by providing comprehensive health services.
 - Objectives
- General Objective:
 - Maintain and improve the elderly health and quality of life , through provision of integrated and comprehensive health

services, easily accessible and sustainable

- Specific objectives:
 - Early diagnosis and management for physical, mental, psychological and social problems
- Decrease the mortality, morbidity and disability rates.
- Promotion of health and active aging and improve their quality of life.
- Implementation of the concept of the friendly PHC
- Health education
- Promotion of their social lives.

- Integration and collaboration with other authorities.

–Charity Organizations

- Organized and registered by the ministry at 1395H.
- Activities and Programs Charity Organizations
 - Education, training and rehabilitation programs.
 - Health care programs.
 - Elderly and disabled care programs.

- Housing programs.
- etc