Frequency of anemia in King Khalid General Hospital in Almajma'ah (indoor and outdoor patients)

Oliyan Shoqer Al-Rashedy1 and Abdullah Alkatha’ami1, Dr. Qazi Imtiaz2, Dr. Mohammed Al-mansour3, Dr. Waqas Sami4, Dr. Nassir5

Medical student, college of medicine, Majma’ah University, KSA1. Associated professor D.O.P, COM, MU, KSA2. Assistant professor DOFM, COM, MU, KSA3. Biostatician DOB, COM, MU, KSA4. Associated professor D.O.Pa, KHGH.

**Abstract**

**Background and purpose:**

Anaemia is a disease prevalent worldwide, effects all age groups, and almost all countries are effected heavily, according to WHO 24.8% (1.62 billion people) of the population is effected worldwide [1]. This study was taken with above background, to know the frequency of anemia in patient visiting King Khalid General Hospital in Almajma'ah in Riyadh province.

**Methods:** study used a cross-sectional survey from the people who attended the outpatient and inpatient department in king Khalid hospital of majmaah, eligible patients had a provisional diagnosis done by the treating physicians on a questioner, and final diagnosis was confirmed by laboratory investigations which included complete blood count, hemoglobin level, RBC morphology and related RBC indexes.

**Result:** At the time of diagnosis shows: out of 200 cases there are 81 cases of anemia (aged from 14 – 85 years old) present in KKGH in Majma'ah. And out of 81 anemic patients there are 57 female patients aged from 16 – 60 years old, and rest 24 anemic patients represent males patients aged from 14 - 85 years old.

**Conclusion: our study shows high frequency of anemia in patients visiting KKGH. And it needs a larger and broader study to have accurate prevalence of anemia and also to know its types so that preventive and curative measures can be adapted.**

**Key words: Anemia, hematological parameters, Majmaah University**

**References:**

[1] World Health Organization. *World Health Statistics*

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